



1  
00:00:04,910 --> 00:00:20,550

[Music]

2  
00:00:25,830 --> 00:00:22,950

what's up everybody happy friday uh we

3  
00:00:28,550 --> 00:00:25,840

have a fantastic show in store for you

4  
00:00:31,750 --> 00:00:28,560

today we're going to introduce you to a

5  
00:00:35,110 --> 00:00:31,760

wonderful woman who uh has just kind of

6  
00:00:38,310 --> 00:00:35,120

joined the ufo twitter scene i mean as

7  
00:00:40,310 --> 00:00:38,320

wonderful and beautiful as it is

8  
00:00:42,150 --> 00:00:40,320

um it's no surprise

9  
00:00:45,510 --> 00:00:42,160

you know i mean it's a hard thing to

10  
00:00:48,150 --> 00:00:45,520

avoid it's it's just a drama-free thing

11  
00:00:52,310 --> 00:00:48,160

it's straight about the facts

12  
00:00:54,869 --> 00:00:52,320

nobody fights it's just so perfect so

13  
00:00:55,510 --> 00:00:54,879

you know i'm i'm not you know shocked by

14

00:00:56,950 --> 00:00:55,520

that at all

15

00:00:59,590 --> 00:00:56,960

[Laughter]

16

00:01:02,069 --> 00:00:59,600

but i'm glad she's here she's she's done

17

00:01:02,869 --> 00:01:02,079

at least one interview before

18

00:01:04,950 --> 00:01:02,879

uh

19

00:01:07,109 --> 00:01:04,960

and maybe we'll try to get you a link to

20

00:01:07,910 --> 00:01:07,119

that uh before this is over is pretty

21

00:01:11,429 --> 00:01:07,920

good

22

00:01:13,510 --> 00:01:11,439

um and she's had her own uh paranormal

23

00:01:15,590 --> 00:01:13,520

type experiences so we'll probably get

24

00:01:17,350 --> 00:01:15,600

into that a little bit but first let me

25

00:01:18,149 --> 00:01:17,360

bring in our

26

00:01:20,469 --> 00:01:18,159

uh

27

00:01:21,990 --> 00:01:20,479

wednesday friday

28

00:01:23,109 --> 00:01:22,000

happy day

29

00:01:25,270 --> 00:01:23,119

friend

30

00:01:27,109 --> 00:01:25,280

jay christopher king how are you

31

00:01:28,630 --> 00:01:27,119

i think we need to workshop that title a

32

00:01:30,230 --> 00:01:28,640

little bit but i'll take it it's great

33

00:01:33,190 --> 00:01:30,240

to see you man how are you doing

34

00:01:34,950 --> 00:01:33,200

i think you got to be here for a longer

35

00:01:37,910 --> 00:01:34,960

a longer amount of time before you start

36

00:01:39,510 --> 00:01:37,920

telling me what i got a workshop

37

00:01:41,510 --> 00:01:39,520

you're right you're right you're

38

00:01:43,749 --> 00:01:41,520

absolutely right okay i'll be the

39

00:01:48,230 --> 00:01:43,759

wednesday friday

40

00:01:52,550 --> 00:01:50,469

yes sir oh yeah it's friday the 13th

41

00:01:54,389 --> 00:01:52,560

andre's oh that's right oh we'll just

42

00:01:56,789 --> 00:01:54,399

have to wrap that into my title as well

43

00:01:58,550 --> 00:01:56,799

that's great oh it's great to see

44

00:02:00,789 --> 00:01:58,560

katie put in the contract that it had to

45

00:02:03,030 --> 00:02:00,799

be of friday the 13th oh that's

46

00:02:05,830 --> 00:02:03,040

important and you're good so

47

00:02:08,469 --> 00:02:05,840

cool yeah i'm looking for an hour a long

48

00:02:10,790 --> 00:02:08,479

time from now so we went with today

49

00:02:12,949 --> 00:02:10,800

yeah long time no see you know it's been

50

00:02:15,190 --> 00:02:12,959

two whole days it's great to see you i

51  
00:02:17,270 --> 00:02:15,200  
know i almost forgot what you look like

52  
00:02:19,030 --> 00:02:17,280  
i know right and for those that don't

53  
00:02:20,630 --> 00:02:19,040  
know sean and i text pretty frequently

54  
00:02:24,309 --> 00:02:20,640  
too so

55  
00:02:26,070 --> 00:02:24,319  
we are we're kind of tight at the hip

56  
00:02:27,830 --> 00:02:26,080  
i've got a bio for katie should i go

57  
00:02:29,990 --> 00:02:27,840  
with that let's do it

58  
00:02:32,070 --> 00:02:30,000  
cool katie howland is an award-winning

59  
00:02:34,309 --> 00:02:32,080  
humanitarian with experience managing

60  
00:02:37,190 --> 00:02:34,319  
programs related to genocide response

61  
00:02:39,430 --> 00:02:37,200  
childhood literacy disability and global

62  
00:02:41,270 --> 00:02:39,440  
health across the middle east and

63  
00:02:43,750 --> 00:02:41,280

sub-saharan africa

64

00:02:45,430 --> 00:02:43,760

currently katie leads aid effectiveness

65

00:02:47,910 --> 00:02:45,440

efforts at a multi-million dollar

66

00:02:50,550 --> 00:02:47,920

humanitarian disability organization and

67

00:02:52,630 --> 00:02:50,560

serves as an outspoken activist for uap

68

00:02:53,589 --> 00:02:52,640

transparency in the national security

69

00:02:55,430 --> 00:02:53,599

space

70

00:02:58,869 --> 00:02:55,440

she was profiled as one of the country's

71

00:03:01,990 --> 00:02:58,879

top 20 lgbtq foreign affairs leaders in

72

00:03:04,790 --> 00:03:02,000

2021 by out in national security and was

73

00:03:06,309 --> 00:03:04,800

honored as an inaugural airy changemaker

74

00:03:08,390 --> 00:03:06,319

in 2020.

75

00:03:09,710 --> 00:03:08,400

katie has a masters in public health and

76

00:03:13,030 --> 00:03:09,720

epidemic

77

00:03:15,589 --> 00:03:13,040

i should have worked out to shop that

78

00:03:19,190 --> 00:03:15,599

one first and speaks varying degrees of

79

00:03:21,589 --> 00:03:19,200

english spanish and arabic katie it's

80

00:03:22,790 --> 00:03:21,599

absolutely great to have you here on the

81

00:03:24,390 --> 00:03:22,800

show today

82

00:03:26,229 --> 00:03:24,400

thank you

83

00:03:29,190 --> 00:03:26,239

i'm glad you all accepted my friday the

84

00:03:30,630 --> 00:03:29,200

13th writer um so

85

00:03:32,390 --> 00:03:30,640

very exciting

86

00:03:34,630 --> 00:03:32,400

i had to check with the producers but

87

00:03:35,670 --> 00:03:34,640

they were okay with it so you know why

88

00:03:36,789 --> 00:03:35,680

not

89

00:03:40,630 --> 00:03:36,799

yeah yeah

90

00:03:45,270 --> 00:03:43,670

so was it too long ago that um but now

91

00:03:47,670 --> 00:03:45,280

that i

92

00:03:49,270 --> 00:03:47,680

um you know first saw you in in the

93

00:03:51,910 --> 00:03:49,280

twitter uh

94

00:03:54,070 --> 00:03:51,920

sphere talking uap stuff

95

00:03:55,910 --> 00:03:54,080

and you kind of uh

96

00:03:57,509 --> 00:03:55,920

i don't know burst onto the scene so to

97

00:04:00,550 --> 00:03:57,519

speak one day you're here the next day

98

00:04:01,350 --> 00:04:00,560

you have like a million followers and

99

00:04:03,750 --> 00:04:01,360

you know

100

00:04:05,750 --> 00:04:03,760

you're saying pretty cool stuff and

101  
00:04:08,949 --> 00:04:05,760  
you're helping the uap saying

102  
00:04:10,789 --> 00:04:08,959  
uapc move forward and all that so i

103  
00:04:13,910 --> 00:04:10,799  
guess you know good place to start is

104  
00:04:16,310 --> 00:04:13,920  
tell us a little bit about uh yourself

105  
00:04:17,590 --> 00:04:16,320  
your background and you know i'm always

106  
00:04:19,509 --> 00:04:17,600  
curious about

107  
00:04:21,670 --> 00:04:19,519  
uh i'm always curious what the story is

108  
00:04:24,629 --> 00:04:21,680  
as far as you know what brings people uh

109  
00:04:25,590 --> 00:04:24,639  
to the the uap twitter world or just

110  
00:04:26,710 --> 00:04:25,600  
yeah

111  
00:04:28,950 --> 00:04:26,720  
in general

112  
00:04:32,150 --> 00:04:28,960  
absolutely and i didn't really ex like

113  
00:04:33,670 --> 00:04:32,160

intentionally join ufo twitter um

114

00:04:35,670 --> 00:04:33,680

i was kind of doing some things behind

115

00:04:37,510 --> 00:04:35,680

the scenes and was tweeting to my like

116

00:04:38,870 --> 00:04:37,520

15 followers i was excited about

117

00:04:41,670 --> 00:04:38,880

something and

118

00:04:43,350 --> 00:04:41,680

all of a sudden it blew up so um

119

00:04:45,270 --> 00:04:43,360

that's been wonderful lots of great

120

00:04:46,629 --> 00:04:45,280

people lots of weird people too but i

121

00:04:51,189 --> 00:04:46,639

love you

122

00:04:53,350 --> 00:04:51,199

um but yeah so i am not um

123

00:04:53,570 --> 00:04:53,360

a uap person by day

124

00:05:04,710 --> 00:04:53,580

i

125

00:05:06,870 --> 00:05:04,720

um for over a decade

126

00:05:09,590 --> 00:05:06,880

i started off actually as a defense

127

00:05:12,390 --> 00:05:09,600

contractor so i worked

128

00:05:14,550 --> 00:05:12,400

in a joint army navy program

129

00:05:16,230 --> 00:05:14,560

for a while and then decided that

130

00:05:17,670 --> 00:05:16,240

defense wasn't really my thing and i

131

00:05:19,670 --> 00:05:17,680

wanted to

132

00:05:20,629 --> 00:05:19,680

save the world classic

133

00:05:23,430 --> 00:05:20,639

and

134

00:05:25,909 --> 00:05:23,440

became a humanitarian worker so

135

00:05:27,990 --> 00:05:25,919

i've done everything from uh managing

136

00:05:30,150 --> 00:05:28,000

programs in sub-saharan africa focused

137

00:05:32,469 --> 00:05:30,160

on like maternal mortality

138

00:05:35,350 --> 00:05:32,479

um i've worked on genocide response in

139

00:05:36,629 --> 00:05:35,360

northern iraq um and i even had my own

140

00:05:39,189 --> 00:05:36,639

non-profit

141

00:05:39,990 --> 00:05:39,199

for a while that was focused on getting

142

00:05:41,749 --> 00:05:40,000

um

143

00:05:43,029 --> 00:05:41,759

books and libraries into conflict

144

00:05:44,870 --> 00:05:43,039

settings so

145

00:05:46,950 --> 00:05:44,880

um i was able to partner with nadia

146

00:05:49,029 --> 00:05:46,960

murad who's a nobel peace prize winner

147

00:05:51,510 --> 00:05:49,039

to build the fur school library in the

148

00:05:53,110 --> 00:05:51,520

history of sinjar iraq for survivors of

149

00:05:54,950 --> 00:05:53,120

the yazidi genocide

150

00:05:57,510 --> 00:05:54,960

so that was really exciting

151  
00:05:59,350 --> 00:05:57,520  
um and around the time i was doing that

152  
00:06:00,550 --> 00:05:59,360  
i

153  
00:06:03,590 --> 00:06:00,560  
was

154  
00:06:06,150 --> 00:06:03,600  
volunteering on the biden campaign

155  
00:06:07,430 --> 00:06:06,160  
many many many moons ago i interned for

156  
00:06:09,830 --> 00:06:07,440  
um

157  
00:06:11,270 --> 00:06:09,840  
for him in the white house when he was

158  
00:06:12,950 --> 00:06:11,280  
the vice president

159  
00:06:14,390 --> 00:06:12,960  
um and so i was able to get on the

160  
00:06:17,749 --> 00:06:14,400  
campaign

161  
00:06:19,430 --> 00:06:17,759  
and while we were there we got a small

162  
00:06:20,950 --> 00:06:19,440  
group of us got an opportunity to speak

163  
00:06:22,870 --> 00:06:20,960

with john podesta

164

00:06:24,230 --> 00:06:22,880

and as a part of this kind of speaker

165

00:06:26,469 --> 00:06:24,240

series that we had for young

166

00:06:28,870 --> 00:06:26,479

professionals on the campaign

167

00:06:30,790 --> 00:06:28,880

we would ask each of our speakers to

168

00:06:32,870 --> 00:06:30,800

recommend one book that we should read

169

00:06:35,990 --> 00:06:32,880

over the summer um that was relevant to

170

00:06:39,670 --> 00:06:36,000

foreign policy and uh john podesta

171

00:06:41,670 --> 00:06:39,680

recommended leslie keane's ufo's book um

172

00:06:42,950 --> 00:06:41,680

pilot girls go on the record for

173

00:06:43,990 --> 00:06:42,960

something like that

174

00:06:46,230 --> 00:06:44,000

sure and

175

00:06:48,550 --> 00:06:46,240

so i read it and i was just

176  
00:06:51,670 --> 00:06:48,560  
hooked i mean from that moment i was i

177  
00:06:53,830 --> 00:06:51,680  
was just amazed that it took a literal

178  
00:06:55,749 --> 00:06:53,840  
white house chief of staff to hand me

179  
00:06:58,230 --> 00:06:55,759  
this book for me to get

180  
00:07:00,309 --> 00:06:58,240  
you know eat on it and and i was looking

181  
00:07:02,150 --> 00:07:00,319  
around at my like my co-workers and

182  
00:07:04,629 --> 00:07:02,160  
colleagues who you know are people who

183  
00:07:06,230 --> 00:07:04,639  
are going to be our our defense leaders

184  
00:07:08,150 --> 00:07:06,240  
our intelligence leaders you know things

185  
00:07:10,150 --> 00:07:08,160  
like that in dc

186  
00:07:11,909 --> 00:07:10,160  
and no one was talking about it and i

187  
00:07:13,430 --> 00:07:11,919  
felt like i was like banging my head

188  
00:07:15,510 --> 00:07:13,440

against a wall

189

00:07:17,749 --> 00:07:15,520

um because i'm still in a group um that

190

00:07:19,749 --> 00:07:17,759

kind of morphed out of that

191

00:07:21,749 --> 00:07:19,759

and even today you know when i would

192

00:07:24,230 --> 00:07:21,759

when i would send messages to folks you

193

00:07:26,870 --> 00:07:24,240

know alerting them to news articles or

194

00:07:28,870 --> 00:07:26,880

to you know current events i would get

195

00:07:31,110 --> 00:07:28,880

you know a little alien emoji

196

00:07:32,070 --> 00:07:31,120

and a joke and nothing

197

00:07:33,670 --> 00:07:32,080

and

198

00:07:35,270 --> 00:07:33,680

these are people who would rather read

199

00:07:37,189 --> 00:07:35,280

like a research report and go to the

200

00:07:39,110 --> 00:07:37,199

movies you know they're like my type of

201  
00:07:41,510 --> 00:07:39,120  
nerdy people

202  
00:07:43,909 --> 00:07:41,520  
and i you know i just couldn't i

203  
00:07:45,029 --> 00:07:43,919  
couldn't stand it you know um it's one

204  
00:07:46,869 --> 00:07:45,039  
thing to

205  
00:07:49,110 --> 00:07:46,879  
be science-based and not want to dive

206  
00:07:51,990 --> 00:07:49,120  
into conspiracy theories it's another to

207  
00:07:53,110 --> 00:07:52,000  
flat out ignore science and ignore data

208  
00:07:55,749 --> 00:07:53,120  
um

209  
00:07:57,749 --> 00:07:55,759  
so i kind of started a

210  
00:07:59,510 --> 00:07:57,759  
i would call it like a private campaign

211  
00:08:01,510 --> 00:07:59,520  
to convert

212  
00:08:04,629 --> 00:08:01,520  
my fellow policy wonks

213  
00:08:06,230 --> 00:08:04,639

and as a part of that i got um

214

00:08:08,230 --> 00:08:06,240

i invited christopher mellon to come

215

00:08:10,230 --> 00:08:08,240

speak to our group to our defense and

216

00:08:12,070 --> 00:08:10,240

intelligence working group and it was

217

00:08:13,909 --> 00:08:12,080

incredible he came and was incredibly

218

00:08:16,869 --> 00:08:13,919

gracious with his time

219

00:08:19,029 --> 00:08:16,879

and it was more of an introduction um

220

00:08:21,270 --> 00:08:19,039

you know probably probably rehashing a

221

00:08:22,150 --> 00:08:21,280

lot of what all the folks here have seen

222

00:08:25,749 --> 00:08:22,160

um

223

00:08:27,909 --> 00:08:25,759

but this was new a new topic to many and

224

00:08:30,309 --> 00:08:27,919

in my wisdom i tweeted out that i was

225

00:08:33,509 --> 00:08:30,319

excited about it and ufo twitter

226

00:08:37,670 --> 00:08:36,389

unintentionally i did not end up

227

00:08:39,269 --> 00:08:37,680

joining

228

00:08:41,670 --> 00:08:39,279

um

229

00:08:43,269 --> 00:08:41,680

morass that is ufo twitter but i've also

230

00:08:46,470 --> 00:08:43,279

alert met some great people like you

231

00:08:49,030 --> 00:08:46,480

guys so it's not all oh likewise

232

00:08:51,190 --> 00:08:49,040

likewise um

233

00:08:53,110 --> 00:08:51,200

i'll ask a question i'll kick it to jay

234

00:08:55,430 --> 00:08:53,120

to take it from there

235

00:08:56,870 --> 00:08:55,440

um so

236

00:08:59,509 --> 00:08:56,880

what was it about

237

00:09:02,070 --> 00:08:59,519

uh leslie kane's book that that made you

238

00:09:03,829 --> 00:09:02,080

propel forward we you know podesta gave

239

00:09:06,550 --> 00:09:03,839

you the book and and things are kind of

240

00:09:08,470 --> 00:09:06,560

coming into view here for you it's a

241

00:09:10,310 --> 00:09:08,480

huge hill to climb

242

00:09:12,630 --> 00:09:10,320

so you know typically it's something

243

00:09:14,550 --> 00:09:12,640

that's that really pulls at your your

244

00:09:17,509 --> 00:09:14,560

heartstrings so to speak that that

245

00:09:18,710 --> 00:09:17,519

motivates you to to climb that hill

246

00:09:20,710 --> 00:09:18,720

um

247

00:09:23,910 --> 00:09:20,720

was it the book or was it something else

248

00:09:25,910 --> 00:09:23,920

or you know what do you think

249

00:09:27,829 --> 00:09:25,920

you know i think it was

250

00:09:30,150 --> 00:09:27,839

a bit of a lot of things colliding at

251  
00:09:31,509 --> 00:09:30,160  
once um

252  
00:09:32,870 --> 00:09:31,519  
i know it sounds silly but like i've

253  
00:09:35,990 --> 00:09:32,880  
been walking i've been watching

254  
00:09:38,550 --> 00:09:36,000  
skinwalker ranch and i was reading the

255  
00:09:41,030 --> 00:09:38,560  
books and i had seen a few of the news

256  
00:09:42,470 --> 00:09:41,040  
articles but hadn't had it paid very

257  
00:09:43,269 --> 00:09:42,480  
close attention

258  
00:09:44,550 --> 00:09:43,279  
and

259  
00:09:46,150 --> 00:09:44,560  
um

260  
00:09:47,990 --> 00:09:46,160  
when i was reading the book in

261  
00:09:50,310 --> 00:09:48,000  
particular i was just struck by the

262  
00:09:51,269 --> 00:09:50,320  
credibility of the witnesses you know um

263  
00:09:53,829 --> 00:09:51,279

not that there weren't credible

264

00:09:55,030 --> 00:09:53,839

witnesses before there absolutely were

265

00:09:57,509 --> 00:09:55,040

um

266

00:09:59,590 --> 00:09:57,519

but as someone who's worked in foreign

267

00:10:01,110 --> 00:09:59,600

policy and politics for you know my

268

00:10:03,590 --> 00:10:01,120

whole career

269

00:10:04,389 --> 00:10:03,600

i'm a little more conservative

270

00:10:10,310 --> 00:10:04,399

and

271

00:10:12,310 --> 00:10:10,320

i think it gave me

272

00:10:13,190 --> 00:10:12,320

a bit of the permission to actually

273

00:10:14,949 --> 00:10:13,200

fully

274

00:10:16,790 --> 00:10:14,959

look into it

275

00:10:18,710 --> 00:10:16,800

the rational side of ufo twitter we're

276

00:10:19,590 --> 00:10:18,720

very small

277

00:10:21,190 --> 00:10:19,600

um

278

00:10:23,030 --> 00:10:21,200

gave a little bit of a

279

00:10:24,870 --> 00:10:23,040

i gave myself permission to finally look

280

00:10:26,790 --> 00:10:24,880

at it right it's not that it hadn't

281

00:10:28,710 --> 00:10:26,800

existed or i needed someone to introduce

282

00:10:30,470 --> 00:10:28,720

it to me it was always there i just

283

00:10:32,550 --> 00:10:30,480

hadn't um

284

00:10:35,030 --> 00:10:32,560

allowed myself frankly to do it and to

285

00:10:35,910 --> 00:10:35,040

be to be honest too there was also a bit

286

00:10:37,750 --> 00:10:35,920

of

287

00:10:41,670 --> 00:10:37,760

um i didn't want to work in government

288

00:10:43,910 --> 00:10:41,680

anymore um i've done that i kind of like

289

00:10:45,190 --> 00:10:43,920

working on the outside and so i had a

290

00:10:47,350 --> 00:10:45,200

little more freedom

291

00:10:49,269 --> 00:10:47,360

right like i could push a little harder

292

00:10:51,350 --> 00:10:49,279

um than some of my colleagues could who

293

00:10:54,150 --> 00:10:51,360

are trying to jockey for political

294

00:10:55,590 --> 00:10:54,160

appointee jobs you know and things like

295

00:10:58,550 --> 00:10:55,600

that and so

296

00:11:00,150 --> 00:10:58,560

i just i joke in my group with like my

297

00:11:02,870 --> 00:11:00,160

dc colleagues that i'm just gonna keep

298

00:11:04,550 --> 00:11:02,880

being the greasy wheel and just keep

299

00:11:07,030 --> 00:11:04,560

being that person that pushes forward

300

00:11:10,550 --> 00:11:07,040

the narrative um but yeah honestly it

301  
00:11:12,790 --> 00:11:10,560  
really was the book um and then seeing

302  
00:11:14,470 --> 00:11:12,800  
kind of the universe

303  
00:11:16,069 --> 00:11:14,480  
collide and i think trying to hit me in

304  
00:11:19,509 --> 00:11:16,079  
the face with like hey look at this look

305  
00:11:24,069 --> 00:11:22,389  
yeah no i i mean before i give it to jay

306  
00:11:25,910 --> 00:11:24,079  
i'll just say it was the same for me i

307  
00:11:27,910 --> 00:11:25,920  
mean i had an experience that that

308  
00:11:29,910 --> 00:11:27,920  
brought me to the place to look for

309  
00:11:31,350 --> 00:11:29,920  
stuff but once i started reading all the

310  
00:11:32,870 --> 00:11:31,360  
experiences of blue book and the

311  
00:11:35,110 --> 00:11:32,880  
documents and

312  
00:11:37,350 --> 00:11:35,120  
how it just was military after military

313  
00:11:40,069 --> 00:11:37,360

after scientist after all that it was

314

00:11:42,710 --> 00:11:40,079

like come on folks here we go you know

315

00:11:43,509 --> 00:11:42,720

like enough is enough oh yeah

316

00:11:45,910 --> 00:11:43,519

absolutely

317

00:11:48,470 --> 00:11:45,920

i found very few people once they've

318

00:11:50,389 --> 00:11:48,480

actually read the reports and the data

319

00:11:52,629 --> 00:11:50,399

who are able to discount it there are

320

00:11:54,870 --> 00:11:52,639

always naysayers but i find the vast

321

00:11:57,350 --> 00:11:54,880

majority of people who are skeptics

322

00:11:58,949 --> 00:11:57,360

haven't actually looked at the data and

323

00:12:00,949 --> 00:11:58,959

i think that's a very

324

00:12:03,430 --> 00:12:00,959

difference

325

00:12:05,590 --> 00:12:03,440

yeah i think i think one of the key

326

00:12:07,430 --> 00:12:05,600

phrases there i i really appreciate what

327

00:12:09,430 --> 00:12:07,440

you're saying here katie and you know

328

00:12:11,430 --> 00:12:09,440

one of the key phrases here is giving

329

00:12:12,710 --> 00:12:11,440

yourself permission to to look at that

330

00:12:14,389 --> 00:12:12,720

data and

331

00:12:16,389 --> 00:12:14,399

i was having a conversation with

332

00:12:18,790 --> 00:12:16,399

somebody earlier who i won't identify

333

00:12:20,150 --> 00:12:18,800

but they were kind of saying

334

00:12:22,710 --> 00:12:20,160

you know why

335

00:12:25,509 --> 00:12:22,720

why would an experimenter of anomalous

336

00:12:26,790 --> 00:12:25,519

phenomena you know um why would somebody

337

00:12:27,670 --> 00:12:26,800

that's had

338

00:12:31,590 --> 00:12:27,680

you know

339

00:12:36,389 --> 00:12:31,600

these

340

00:12:37,350 --> 00:12:36,399

uh in their past why would somebody like

341

00:12:40,069 --> 00:12:37,360

that

342

00:12:42,629 --> 00:12:40,079

um be interested in something like these

343

00:12:45,990 --> 00:12:42,639

upcoming congressional hearings right

344

00:12:49,670 --> 00:12:46,000

and and i kind of replied you know i i

345

00:12:52,069 --> 00:12:49,680

it's not necessarily about for me about

346

00:12:55,190 --> 00:12:52,079

what the congressional hearing itself is

347

00:12:57,910 --> 00:12:55,200

doing but it's how it really affects the

348

00:13:00,870 --> 00:12:57,920

larger cultural conversation and it

349

00:13:03,269 --> 00:13:00,880

affects the kind of conversations that

350

00:13:06,389 --> 00:13:03,279

people can have and i pointed out

351  
00:13:08,550 --> 00:13:06,399  
for example the the original leslie kane

352  
00:13:10,310 --> 00:13:08,560  
ralph blumenthal helene cooper

353  
00:13:12,550 --> 00:13:10,320  
front front page of the new york times

354  
00:13:14,389 --> 00:13:12,560  
you know revealing a tip and those those

355  
00:13:16,150 --> 00:13:14,399  
now famous cockpit videos and things

356  
00:13:18,790 --> 00:13:16,160  
like that saying like you know this is

357  
00:13:20,710 --> 00:13:18,800  
how i was able to talk about this stuff

358  
00:13:22,150 --> 00:13:20,720  
with my grandpa before he passed you

359  
00:13:24,389 --> 00:13:22,160  
know what i mean and things like that

360  
00:13:27,030 --> 00:13:24,399  
like this really became kind of the

361  
00:13:29,269 --> 00:13:27,040  
grease and the wheels in terms of

362  
00:13:30,949 --> 00:13:29,279  
being able to have called like public

363  
00:13:31,829 --> 00:13:30,959

cultural conversations that kind of

364

00:13:35,190 --> 00:13:31,839

breach

365

00:13:37,350 --> 00:13:35,200

consensus reality so along those lines

366

00:13:38,310 --> 00:13:37,360

with giving yourself permission

367

00:13:40,949 --> 00:13:38,320

um

368

00:13:43,430 --> 00:13:40,959

you know it's also true that sometimes

369

00:13:45,910 --> 00:13:43,440

these situations of kind of breaching

370

00:13:47,910 --> 00:13:45,920

water they give people

371

00:13:49,350 --> 00:13:47,920

permission to think about their own

372

00:13:54,230 --> 00:13:49,360

experiences

373

00:13:55,430 --> 00:13:54,240

you'd feel comfortable talking about

374

00:13:57,590 --> 00:13:55,440

today

375

00:13:59,030 --> 00:13:57,600

yeah absolutely um

376

00:14:00,949 --> 00:13:59,040

it's a funny question because i think it

377

00:14:02,629 --> 00:14:00,959

ties into what you were talking about in

378

00:14:04,629 --> 00:14:02,639

terms of why would people who've had

379

00:14:05,509 --> 00:14:04,639

these experiences want this

380

00:14:08,310 --> 00:14:05,519

um

381

00:14:09,750 --> 00:14:08,320

what i found is that

382

00:14:11,990 --> 00:14:09,760

okay for me personally i've had

383

00:14:12,949 --> 00:14:12,000

anomalous experiences since i was a kid

384

00:14:14,790 --> 00:14:12,959

um

385

00:14:19,030 --> 00:14:14,800

not anything that i think would be

386

00:14:20,949 --> 00:14:19,040

classified as like very intense um

387

00:14:23,350 --> 00:14:20,959

but enough that you know i've always

388

00:14:26,790 --> 00:14:23,360

known it was there and it's waned in

389

00:14:30,470 --> 00:14:26,800

waxed and waned in intensity and in

390

00:14:33,110 --> 00:14:30,480

frequency over time and very honestly i

391

00:14:34,949 --> 00:14:33,120

kind of tried to ignore it um

392

00:14:37,110 --> 00:14:34,959

because it wasn't convenient for me it

393

00:14:39,430 --> 00:14:37,120

didn't fit into my world of view i was

394

00:14:42,150 --> 00:14:39,440

very um

395

00:14:43,990 --> 00:14:42,160

you know agnostic verging on atheist you

396

00:14:46,069 --> 00:14:44,000

know it just it didn't make sense to me

397

00:14:47,750 --> 00:14:46,079

and so i didn't want to explore it

398

00:14:49,910 --> 00:14:47,760

um

399

00:14:52,790 --> 00:14:49,920

and what i found was when i started

400

00:14:54,230 --> 00:14:52,800

getting into this um

401  
00:14:56,829 --> 00:14:54,240  
i had that you know what we always like

402  
00:15:00,710 --> 00:14:56,839  
to talk about the ontological shock

403  
00:15:02,430 --> 00:15:00,720  
of okay um that just kicked my ego in

404  
00:15:05,030 --> 00:15:02,440  
the ass it might be time to kind of

405  
00:15:07,269 --> 00:15:05,040  
re-evaluate things and i started going

406  
00:15:09,269 --> 00:15:07,279  
back and thinking critically about the

407  
00:15:11,269 --> 00:15:09,279  
experiences i've had and i mean i've had

408  
00:15:12,870 --> 00:15:11,279  
everything from i've seen multiple full

409  
00:15:15,189 --> 00:15:12,880  
body apparitions

410  
00:15:17,590 --> 00:15:15,199  
um i've had episodes of precognizance

411  
00:15:21,269 --> 00:15:17,600  
several times um

412  
00:15:25,670 --> 00:15:23,829  
all sorts of um

413  
00:15:27,430 --> 00:15:25,680

activity where you know things will fly

414

00:15:28,389 --> 00:15:27,440

off shelves lights will turn on and off

415

00:15:30,470 --> 00:15:28,399

but i mean

416

00:15:33,670 --> 00:15:30,480

you name it i've pretty much had it

417

00:15:35,670 --> 00:15:33,680

small orbs um you know and

418

00:15:37,430 --> 00:15:35,680

it sounds like a lot like if i list them

419

00:15:38,790 --> 00:15:37,440

all right next to each other right but

420

00:15:41,269 --> 00:15:38,800

there were things that like i kept

421

00:15:42,790 --> 00:15:41,279

trying to push away and put in this box

422

00:15:43,829 --> 00:15:42,800

and just not handle

423

00:15:45,110 --> 00:15:43,839

um

424

00:15:46,949 --> 00:15:45,120

so i think what's been really

425

00:15:49,350 --> 00:15:46,959

interesting to me is you know people

426

00:15:51,509 --> 00:15:49,360

always say stay away from the woo right

427

00:15:53,509 --> 00:15:51,519

um but what personally i found as i

428

00:15:54,790 --> 00:15:53,519

looked more and more into this

429

00:15:57,749 --> 00:15:54,800

phenomenon

430

00:16:00,710 --> 00:15:57,759

is that i'm not entirely sure that i've

431

00:16:02,470 --> 00:16:00,720

i've said before that we're not all

432

00:16:04,470 --> 00:16:02,480

trying to describe the same elephant

433

00:16:07,110 --> 00:16:04,480

from different positions in the dark

434

00:16:09,590 --> 00:16:07,120

right like i think there's i don't claim

435

00:16:12,150 --> 00:16:09,600

to know what all this is um anyone who

436

00:16:14,310 --> 00:16:12,160

does i think is full of it um

437

00:16:18,470 --> 00:16:14,320

i think there's

438

00:16:20,949 --> 00:16:18,480

a lot more mystery than there is um

439

00:16:23,910 --> 00:16:20,959

answers at this point and to claim that

440

00:16:25,990 --> 00:16:23,920

anyone who's had an anomalous experience

441

00:16:27,990 --> 00:16:26,000

you know is not um

442

00:16:29,189 --> 00:16:28,000

true in that experience i think is

443

00:16:31,110 --> 00:16:29,199

very

444

00:16:32,470 --> 00:16:31,120

short-sighted at this point because the

445

00:16:34,710 --> 00:16:32,480

bottom line is we don't know what we're

446

00:16:37,189 --> 00:16:34,720

dealing with we don't know how it works

447

00:16:39,189 --> 00:16:37,199

we don't know if it's one phenomenon if

448

00:16:40,790 --> 00:16:39,199

it's multiple phenomenon if it's you

449

00:16:43,189 --> 00:16:40,800

know manifesting differently to

450

00:16:45,590 --> 00:16:43,199

different people i mean there's so many

451  
00:16:47,670 --> 00:16:45,600  
questions um and so that's been i think

452  
00:16:49,269 --> 00:16:47,680  
part of the beauty and also

453  
00:16:52,949 --> 00:16:49,279  
a little bit of the fear of going into

454  
00:16:54,629 --> 00:16:52,959  
this right this this field is it does

455  
00:16:55,509 --> 00:16:54,639  
shake you up a little bit

456  
00:16:57,030 --> 00:16:55,519  
um

457  
00:16:59,509 --> 00:16:57,040  
and that's why i was so happy to you

458  
00:17:01,670 --> 00:16:59,519  
know to kind of come to ufo twitter as

459  
00:17:03,990 --> 00:17:01,680  
interesting as it can be

460  
00:17:05,750 --> 00:17:04,000  
because when i started realizing this it

461  
00:17:07,590 --> 00:17:05,760  
was really lonely

462  
00:17:09,829 --> 00:17:07,600  
you know like if you've been surrounding

463  
00:17:11,909 --> 00:17:09,839

yourself with people your whole life who

464

00:17:13,590 --> 00:17:11,919

are like you and then all of a sudden

465

00:17:15,350 --> 00:17:13,600

you have this kind of shift in your

466

00:17:17,189 --> 00:17:15,360

perspective it can be incredibly

467

00:17:18,710 --> 00:17:17,199

isolating

468

00:17:23,189 --> 00:17:18,720

completely agreed

469

00:17:25,350 --> 00:17:23,199

man that's a great point uh

470

00:17:26,870 --> 00:17:25,360

right there you know what

471

00:17:28,710 --> 00:17:26,880

when you when you have an experience

472

00:17:31,350 --> 00:17:28,720

like that and because you don't know

473

00:17:33,669 --> 00:17:31,360

what it is and you can't explain it

474

00:17:35,830 --> 00:17:33,679

and and your rationale won't you know

475

00:17:38,230 --> 00:17:35,840

allow you to just grab onto something

476  
00:17:40,549 --> 00:17:38,240  
just because you can grab onto something

477  
00:17:42,230 --> 00:17:40,559  
you know you need to talk about it and

478  
00:17:43,590 --> 00:17:42,240  
who are the people around you to talk

479  
00:17:45,350 --> 00:17:43,600  
about it are

480  
00:17:47,270 --> 00:17:45,360  
people that you think will think you're

481  
00:17:50,789 --> 00:17:47,280  
crazy because you don't know what it is

482  
00:17:53,430 --> 00:17:50,799  
you know and so what do you do and yeah

483  
00:17:56,549 --> 00:17:53,440  
just like you uh you know

484  
00:17:59,430 --> 00:17:56,559  
ufo twitter for it for its flaws and

485  
00:18:02,070 --> 00:17:59,440  
for its uh positive features you know it

486  
00:18:03,990 --> 00:18:02,080  
was a great place to go and

487  
00:18:06,549 --> 00:18:04,000  
and i'm i'm happy i went there because i

488  
00:18:09,029 --> 00:18:06,559

met people like yourself and jay and and

489

00:18:11,669 --> 00:18:09,039

a lot of other people which really

490

00:18:14,310 --> 00:18:11,679

you know helps with that just like the

491

00:18:16,390 --> 00:18:14,320

experiencer group uh that jay organizes

492

00:18:18,230 --> 00:18:16,400

i mean that helps too so

493

00:18:19,430 --> 00:18:18,240

um

494

00:18:21,510 --> 00:18:19,440

with

495

00:18:22,310 --> 00:18:21,520

so and i can also see why this kind of

496

00:18:23,750 --> 00:18:22,320

uh

497

00:18:25,669 --> 00:18:23,760

you know why you like the skinwalker

498

00:18:29,830 --> 00:18:25,679

ranch so to speak after hearing about

499

00:18:33,110 --> 00:18:31,909

but there's a lot of interesting no i

500

00:18:35,350 --> 00:18:33,120

mean

501  
00:18:37,110 --> 00:18:35,360  
it is what it is you know

502  
00:18:38,789 --> 00:18:37,120  
like i think they're you know

503  
00:18:40,789 --> 00:18:38,799  
you can't look at it and say okay well

504  
00:18:42,310 --> 00:18:40,799  
there's nothing there okay well the

505  
00:18:43,990 --> 00:18:42,320  
federal government looked into it and

506  
00:18:44,870 --> 00:18:44,000  
spent a lot of money on looking into it

507  
00:18:49,590 --> 00:18:44,880  
so

508  
00:18:51,190 --> 00:18:49,600  
fire

509  
00:18:53,029 --> 00:18:51,200  
uh totally

510  
00:18:56,950 --> 00:18:53,039  
so yeah so i

511  
00:19:01,110 --> 00:18:59,110  
let me ask you this so

512  
00:19:03,830 --> 00:19:01,120  
how you know in in your defense

513  
00:19:07,510 --> 00:19:03,840

experience and in your policy experience

514

00:19:09,029 --> 00:19:07,520

what do you find are the biggest um

515

00:19:11,990 --> 00:19:09,039

setbacks

516

00:19:14,789 --> 00:19:12,000

in the defense industry that don't won't

517

00:19:16,630 --> 00:19:14,799

allow us to go farther than we have so

518

00:19:18,630 --> 00:19:16,640

far with this you know you would think

519

00:19:21,190 --> 00:19:18,640

they would have a lot of uh hand so to

520

00:19:23,190 --> 00:19:21,200

speak in this kind of scenario so so

521

00:19:25,190 --> 00:19:23,200

what do you think is uh

522

00:19:27,590 --> 00:19:25,200

keeping us at its stance so although

523

00:19:29,909 --> 00:19:27,600

we're moving forward at a great pace but

524

00:19:31,909 --> 00:19:29,919

i just mean you know historically

525

00:19:33,270 --> 00:19:31,919

um that's a great question and i think

526

00:19:34,789 --> 00:19:33,280

the first thing i would say is i think

527

00:19:36,150 --> 00:19:34,799

people

528

00:19:39,190 --> 00:19:36,160

assume that the government's a lot

529

00:19:42,549 --> 00:19:39,200

smarter than it is um you know i think a

530

00:19:45,830 --> 00:19:42,559

lot of times people scream conspiracy or

531

00:19:47,350 --> 00:19:45,840

intentional deflection when really

532

00:19:48,870 --> 00:19:47,360

people just have a lot on their plates

533

00:19:51,350 --> 00:19:48,880

and don't really care

534

00:19:53,990 --> 00:19:51,360

um you know imagine

535

00:19:55,590 --> 00:19:54,000

imagine your dumbest colleagues at your

536

00:19:56,710 --> 00:19:55,600

workplace and the smartest colleagues at

537

00:19:58,230 --> 00:19:56,720

your workplace well that's what the

538

00:19:59,190 --> 00:19:58,240

government's like too right they have

539

00:20:00,710 --> 00:19:59,200

all of them they have some really

540

00:20:01,909 --> 00:20:00,720

brilliant people and some really not so

541

00:20:02,870 --> 00:20:01,919

brilliant people

542

00:20:05,510 --> 00:20:02,880

um

543

00:20:08,149 --> 00:20:05,520

so i think first of a fair amount first

544

00:20:10,870 --> 00:20:08,159

and foremost you know it's recognizing

545

00:20:13,750 --> 00:20:10,880

that not everything is a conspiracy um

546

00:20:15,909 --> 00:20:13,760

the second is i worked when i was a

547

00:20:17,590 --> 00:20:15,919

defense contractor which was like i said

548

00:20:20,470 --> 00:20:17,600

very briefly but still

549

00:20:23,430 --> 00:20:20,480

on a joint army navy program

550

00:20:25,350 --> 00:20:23,440

those are incredibly rare um

551  
00:20:27,990 --> 00:20:25,360  
i was working on the time at trying to

552  
00:20:31,110 --> 00:20:28,000  
develop a radio waveform that could be

553  
00:20:31,909 --> 00:20:31,120  
interoperable with our allies

554  
00:20:34,950 --> 00:20:31,919  
but

555  
00:20:37,990 --> 00:20:34,960  
the amount of bureaucratic mess that was

556  
00:20:41,350 --> 00:20:38,000  
involved because it was two branches was

557  
00:20:43,029 --> 00:20:41,360  
insane um trying to get the most basic

558  
00:20:46,230 --> 00:20:43,039  
thing done like when i was supposed to

559  
00:20:48,630 --> 00:20:46,240  
go to europe for a working group meeting

560  
00:20:50,870 --> 00:20:48,640  
um had to go through like two separate

561  
00:20:52,789 --> 00:20:50,880  
chains of command and sometimes like

562  
00:20:55,909 --> 00:20:52,799  
they weren't talking to each other and

563  
00:20:57,669 --> 00:20:55,919

that was for a very small not super

564

00:20:59,669 --> 00:20:57,679

secret project right

565

00:21:02,149 --> 00:20:59,679

um so i think

566

00:21:04,549 --> 00:21:02,159

there's a lot of just branches not

567

00:21:06,549 --> 00:21:04,559

talking to each other um

568

00:21:08,710 --> 00:21:06,559

not necessarily even because they don't

569

00:21:10,630 --> 00:21:08,720

want to just because you know

570

00:21:12,470 --> 00:21:10,640

everything's so regimented and

571

00:21:15,270 --> 00:21:12,480

structured in a way that kind of

572

00:21:17,270 --> 00:21:15,280

prevents a lot of collaboration and some

573

00:21:19,430 --> 00:21:17,280

of that is you know operational security

574

00:21:21,270 --> 00:21:19,440

right that's a good way to keep things

575

00:21:23,909 --> 00:21:21,280

secret right you have very strict chains

576

00:21:25,909 --> 00:21:23,919

of command very um

577

00:21:27,669 --> 00:21:25,919

closed ways of communicating

578

00:21:30,149 --> 00:21:27,679

so i think that's definitely part of it

579

00:21:31,669 --> 00:21:30,159

um and then the last part i was just

580

00:21:33,830 --> 00:21:31,679

talking to someone about this i forget

581

00:21:35,190 --> 00:21:33,840

who on twitter um

582

00:21:38,149 --> 00:21:35,200

is about knowing the difference between

583

00:21:38,950 --> 00:21:38,159

political appointees and civil service

584

00:21:41,350 --> 00:21:38,960

uh

585

00:21:43,750 --> 00:21:41,360

so political so at the pentagon for

586

00:21:44,390 --> 00:21:43,760

example right you're going to have folks

587

00:21:49,590 --> 00:21:44,400

who

588

00:21:50,789 --> 00:21:49,600

there no matter which administration

589

00:21:51,909 --> 00:21:50,799

is in power

590

00:21:54,950 --> 00:21:51,919

um

591

00:21:57,590 --> 00:21:54,960

and they will typically be

592

00:21:59,590 --> 00:21:57,600

pretty you know conservative and doing

593

00:22:01,350 --> 00:21:59,600

things the way they've been done and

594

00:22:03,669 --> 00:22:01,360

following process and procedure and

595

00:22:05,830 --> 00:22:03,679

structure right their jobs aren't at

596

00:22:07,669 --> 00:22:05,840

risk every couple years so they're

597

00:22:09,350 --> 00:22:07,679

pretty comfortable in where they are

598

00:22:11,510 --> 00:22:09,360

then you have political appointees who

599

00:22:13,029 --> 00:22:11,520

come in who have

600

00:22:15,830 --> 00:22:13,039

different agendas depending on the

601  
00:22:17,909 --> 00:22:15,840  
administration who are also incredibly

602  
00:22:20,789 --> 00:22:17,919  
ambitious and know their jobs have a

603  
00:22:23,510 --> 00:22:20,799  
sunset so by definition they're always

604  
00:22:25,510 --> 00:22:23,520  
jockeying for the next role so

605  
00:22:26,789 --> 00:22:25,520  
on the one hand they're incredibly

606  
00:22:28,870 --> 00:22:26,799  
ambitious in wanting to push new

607  
00:22:31,029 --> 00:22:28,880  
initiatives forward but they're also

608  
00:22:33,669 --> 00:22:31,039  
very cautious in what those initiatives

609  
00:22:36,470 --> 00:22:33,679  
are because it could have a very rapid

610  
00:22:39,190 --> 00:22:36,480  
blow back on them and on their career

611  
00:22:41,909 --> 00:22:39,200  
and so i think that a lot of what we see

612  
00:22:43,830 --> 00:22:41,919  
frankly is just people being

613  
00:22:45,909 --> 00:22:43,840

really really protective

614

00:22:47,190 --> 00:22:45,919

of their careers um

615

00:22:48,070 --> 00:22:47,200

and that's one of the reasons that i

616

00:22:50,070 --> 00:22:48,080

think

617

00:22:52,950 --> 00:22:50,080

i i started getting involved in this is

618

00:22:55,750 --> 00:22:52,960

because you know i'm in my early 30s and

619

00:22:57,590 --> 00:22:55,760

i was seeing that while a lot of

620

00:22:58,710 --> 00:22:57,600

higher folks are starting to talk about

621

00:23:01,909 --> 00:22:58,720

this you know we're seeing members of

622

00:23:03,590 --> 00:23:01,919

congress and dna dni and you know all

623

00:23:05,990 --> 00:23:03,600

sorts of people discussing this you're

624

00:23:08,230 --> 00:23:06,000

not kind of seeing that trickle down

625

00:23:09,750 --> 00:23:08,240

and i was really concerned about that

626  
00:23:11,909 --> 00:23:09,760  
because the people who are in their 20s

627  
00:23:13,029 --> 00:23:11,919  
and 30s now are going to be leaders on

628  
00:23:14,710 --> 00:23:13,039  
this topic

629  
00:23:16,390 --> 00:23:14,720  
and i think the reason they're not

630  
00:23:18,310 --> 00:23:16,400  
discussing it is because they want those

631  
00:23:21,270 --> 00:23:18,320  
jobs right there's still the stigma

632  
00:23:23,669 --> 00:23:21,280  
attached unfortunately um and so i've

633  
00:23:25,110 --> 00:23:23,679  
been kind of making it my mission to be

634  
00:23:27,190 --> 00:23:25,120  
the middle man

635  
00:23:29,190 --> 00:23:27,200  
and and trying to get those younger

636  
00:23:33,430 --> 00:23:29,200  
folks talking about this learning about

637  
00:23:36,230 --> 00:23:33,440  
it you know um and involved in any way

638  
00:23:37,750 --> 00:23:36,240

that's that's brilliant and i mean this

639

00:23:39,510 --> 00:23:37,760

this working group that you've this

640

00:23:41,029 --> 00:23:39,520

group that you've got with chris millen

641

00:23:43,669 --> 00:23:41,039

coming in and things like that it sounds

642

00:23:47,029 --> 00:23:43,679

like there's a lot of progress happening

643

00:23:49,430 --> 00:23:47,039

in that in that direction you know um

644

00:23:52,310 --> 00:23:49,440

one thing that of course uh we should

645

00:23:54,630 --> 00:23:52,320

probably talk about today is that

646

00:23:56,149 --> 00:23:54,640

next week we have this

647

00:23:57,750 --> 00:23:56,159

historic

648

00:23:59,190 --> 00:23:57,760

congressional hearing

649

00:24:01,190 --> 00:23:59,200

with one of the intelligence

650

00:24:03,190 --> 00:24:01,200

subcommittees the c3

651  
00:24:05,830 --> 00:24:03,200  
subcommittee

652  
00:24:07,029 --> 00:24:05,840  
and they're bringing in ron moultrie and

653  
00:24:08,950 --> 00:24:07,039  
scott bray

654  
00:24:11,669 --> 00:24:08,960  
to testify and talk about uap

655  
00:24:13,590 --> 00:24:11,679  
transparency issues um i know that

656  
00:24:15,029 --> 00:24:13,600  
you've done some i know that you've

657  
00:24:17,750 --> 00:24:15,039  
thought about this

658  
00:24:19,430 --> 00:24:17,760  
hearing and are looking forward to it um

659  
00:24:20,470 --> 00:24:19,440  
can you talk to us about a little bit

660  
00:24:23,190 --> 00:24:20,480  
about

661  
00:24:25,269 --> 00:24:23,200  
what you see happening there and whether

662  
00:24:27,190 --> 00:24:25,279  
you see this as

663  
00:24:31,029 --> 00:24:27,200

as something that could further the

664

00:24:35,669 --> 00:24:31,039

conversation uh within dc in terms of of

665

00:24:37,269 --> 00:24:35,679

relevancy and removing stigma etc

666

00:24:39,669 --> 00:24:37,279

yeah sure um

667

00:24:41,830 --> 00:24:39,679

i have thought about a lot this a lot i

668

00:24:44,310 --> 00:24:41,840

just finished up yesterday writing an

669

00:24:48,230 --> 00:24:44,320

op-ed that will hopefully run on monday

670

00:24:49,990 --> 00:24:48,240

more for new folks um and also sent in a

671

00:24:52,390 --> 00:24:50,000

bunch of hearing questions this morning

672

00:24:54,070 --> 00:24:52,400

um in collaboration with some other um

673

00:24:55,350 --> 00:24:54,080

former national security professionals i

674

00:24:57,350 --> 00:24:55,360

won't name them here i don't know if

675

00:24:59,350 --> 00:24:57,360

they want me to name name them um but

676  
00:25:00,549 --> 00:24:59,360  
some smart folks you'd recognize

677  
00:25:01,830 --> 00:25:00,559  
um

678  
00:25:03,909 --> 00:25:01,840  
and

679  
00:25:05,269 --> 00:25:03,919  
i'm hopeful um

680  
00:25:07,590 --> 00:25:05,279  
i think we have to be cautious with what

681  
00:25:09,430 --> 00:25:07,600  
we expect from the hearing right

682  
00:25:11,830 --> 00:25:09,440  
um i think it's important for us to note

683  
00:25:13,510 --> 00:25:11,840  
the context uh

684  
00:25:14,630 --> 00:25:13,520  
i could be wrong but my read on the

685  
00:25:16,230 --> 00:25:14,640  
situation

686  
00:25:18,630 --> 00:25:16,240  
is that this is coming as a direct

687  
00:25:21,110 --> 00:25:18,640  
result of the classified briefings that

688  
00:25:22,149 --> 00:25:21,120

they were very um unhappy with

689

00:25:23,750 --> 00:25:22,159

um

690

00:25:26,710 --> 00:25:23,760

you know we have

691

00:25:29,350 --> 00:25:26,720

a aoi msg are we calling it the aim

692

00:25:32,630 --> 00:25:29,360

office i don't know whatever that

693

00:25:35,430 --> 00:25:32,640

disaster is um it's going to be you know

694

00:25:36,950 --> 00:25:35,440

theoretically fully operational um in

695

00:25:38,310 --> 00:25:36,960

june and so my read is that they're

696

00:25:41,510 --> 00:25:38,320

trying to set the stage with their

697

00:25:44,630 --> 00:25:41,520

expectations um since they were unhappy

698

00:25:46,630 --> 00:25:44,640

i do not think anyone should expect any

699

00:25:48,310 --> 00:25:46,640

bombshell revelations to come from this

700

00:25:50,149 --> 00:25:48,320

i think that's an

701  
00:25:51,430 --> 00:25:50,159  
unreasonable expectation as much as i

702  
00:25:53,029 --> 00:25:51,440  
would love that

703  
00:25:56,549 --> 00:25:53,039  
um

704  
00:25:58,870 --> 00:25:56,559  
i think what we can expect though is

705  
00:26:01,590 --> 00:25:58,880  
moving this conversation hopefully

706  
00:26:03,990 --> 00:26:01,600  
further into the public commentary um

707  
00:26:05,350 --> 00:26:04,000  
public sphere um

708  
00:26:07,269 --> 00:26:05,360  
you know my goal with a lot of the

709  
00:26:07,990 --> 00:26:07,279  
hearing questions was not necessarily to

710  
00:26:09,830 --> 00:26:08,000  
get

711  
00:26:11,990 --> 00:26:09,840  
new information that anyone on ufo

712  
00:26:13,750 --> 00:26:12,000  
twitter would be like oh my god about

713  
00:26:16,310 --> 00:26:13,760

what was to get people on the record in

714

00:26:18,470 --> 00:26:16,320

a public setting on live tv confirming a

715

00:26:20,470 --> 00:26:18,480

lot of what we know that these craft are

716

00:26:22,950 --> 00:26:20,480

trans medium that they can go eight to

717

00:26:24,470 --> 00:26:22,960

ten thousand miles per hour that we have

718

00:26:26,950 --> 00:26:24,480

no evidence that their foreign

719

00:26:28,230 --> 00:26:26,960

adversarial technology you know like all

720

00:26:29,110 --> 00:26:28,240

that kind of stuff

721

00:26:32,230 --> 00:26:29,120

um

722

00:26:33,590 --> 00:26:32,240

so my hope is that that will happen

723

00:26:36,070 --> 00:26:33,600

um

724

00:26:38,230 --> 00:26:36,080

i also think it'll be interesting to see

725

00:26:39,750 --> 00:26:38,240

the personalities at play because

726

00:26:41,269 --> 00:26:39,760

different members have different agendas

727

00:26:43,269 --> 00:26:41,279

there are some who are very concerned

728

00:26:46,070 --> 00:26:43,279

about transparency some who are very

729

00:26:47,830 --> 00:26:46,080

concerned about flight safety um some

730

00:26:50,310 --> 00:26:47,840

folks who want to talk about space

731

00:26:52,789 --> 00:26:50,320

debris you know um

732

00:26:55,110 --> 00:26:52,799

so i i think it's anyone's guess how

733

00:26:58,149 --> 00:26:55,120

it's going to turn out um but like i

734

00:27:00,870 --> 00:26:58,159

said i think we should be very

735

00:27:03,029 --> 00:27:00,880

cautious in what we expect from it um

736

00:27:06,070 --> 00:27:03,039

and recognize that this is just a step

737

00:27:07,990 --> 00:27:06,080

right um i wouldn't be so i would not be

738

00:27:09,350 --> 00:27:08,000

surprised if the senate then didn't hold

739

00:27:12,310 --> 00:27:09,360

their own hearings

740

00:27:13,750 --> 00:27:12,320

um as well so i think this is

741

00:27:16,390 --> 00:27:13,760

you know our first stepping stone and we

742

00:27:18,630 --> 00:27:16,400

should view it that way

743

00:27:20,630 --> 00:27:18,640

makes a lot of sense

744

00:27:22,950 --> 00:27:20,640

or stepping stone in this process i know

745

00:27:25,110 --> 00:27:22,960

there's been a lot that led up to this

746

00:27:26,789 --> 00:27:25,120

absolutely

747

00:27:28,710 --> 00:27:26,799

thank you

748

00:27:29,909 --> 00:27:28,720

first of all i totally disagree i think

749

00:27:32,630 --> 00:27:29,919

we're going to learn everything about

750

00:27:37,750 --> 00:27:35,669

i think uh moultrie's gonna unzip his

751

00:27:39,350 --> 00:27:37,760

bodysuit and it's gonna be an alien

752

00:27:41,110 --> 00:27:39,360

underneath

753

00:27:41,830 --> 00:27:41,120

i'm just kidding no

754

00:27:46,470 --> 00:27:41,840

i

755

00:27:48,870 --> 00:27:46,480

um

756

00:27:50,470 --> 00:27:48,880

you know the the article had come out i

757

00:27:52,149 --> 00:27:50,480

think what it was at politico or

758

00:27:54,389 --> 00:27:52,159

something talking about

759

00:27:57,750 --> 00:27:54,399

yeah how they were upset um that they

760

00:28:00,789 --> 00:27:57,760

just keep getting reports but nothing

761

00:28:02,389 --> 00:28:00,799

you know uh with meat so to speak as far

762

00:28:04,310 --> 00:28:02,399

as like what why

763

00:28:05,590 --> 00:28:04,320

where all that kind of stuff and they're

764

00:28:06,470 --> 00:28:05,600

pretty irritated with that and then you

765

00:28:09,669 --> 00:28:06,480

see

766

00:28:11,190 --> 00:28:09,679

you know job listings coming out right

767

00:28:13,110 --> 00:28:11,200

you know for different sorts of

768

00:28:15,430 --> 00:28:13,120

positions and then we have these

769

00:28:16,950 --> 00:28:15,440

hearings so i think you're you're

770

00:28:20,070 --> 00:28:16,960

exactly right

771

00:28:20,870 --> 00:28:20,080

and i also have the same hopes as you um

772

00:28:25,110 --> 00:28:20,880

that

773

00:28:27,110 --> 00:28:25,120

be uh confirmed by the government you

774

00:28:30,710 --> 00:28:27,120

know via congressional hearings under

775

00:28:32,630 --> 00:28:30,720

oath i think that would uh be that would

776

00:28:34,950 --> 00:28:32,640

be a bombshell to me

777

00:28:37,110 --> 00:28:34,960

so so to speak so

778

00:28:39,430 --> 00:28:37,120

um

779

00:28:41,990 --> 00:28:39,440

you know i guess uh as far as questions

780

00:28:44,789 --> 00:28:42,000

wise i don't know i was just in in the

781

00:28:45,990 --> 00:28:44,799

midst of just agreeing with you so

782

00:28:49,110 --> 00:28:46,000

i get

783

00:28:55,029 --> 00:28:51,830

yeah if uh if

784

00:28:57,430 --> 00:28:55,039

you know so let's say you know um pretty

785

00:28:59,029 --> 00:28:57,440

much what happens or what we talked

786

00:29:00,630 --> 00:28:59,039

about happens

787

00:29:02,789 --> 00:29:00,640

um let's say minus even the

788

00:29:06,070 --> 00:29:02,799

confirmations right um and they just get

789

00:29:08,470 --> 00:29:06,080

blasted for for being behind the ball

790

00:29:11,750 --> 00:29:08,480

um how would you

791

00:29:15,990 --> 00:29:11,760

or what would you recommend for

792

00:29:18,710 --> 00:29:16,000

you know setting proper expectations for

793

00:29:21,269 --> 00:29:18,720

you know the the observers of all this

794

00:29:23,510 --> 00:29:21,279

that aren't necessarily involved uh on

795

00:29:26,549 --> 00:29:23,520

the inside

796

00:29:29,350 --> 00:29:26,559

i think the most important thing at this

797

00:29:30,870 --> 00:29:29,360

stage is to understand how dod thinks

798

00:29:33,990 --> 00:29:30,880

and how they write

799

00:29:35,830 --> 00:29:34,000

um i saw this with the preliminary uap

800

00:29:38,389 --> 00:29:35,840

task force assessment

801  
00:29:40,470 --> 00:29:38,399  
um dod is obviously very conservative by

802  
00:29:42,549 --> 00:29:40,480  
nature i don't mean politically i mean

803  
00:29:45,110 --> 00:29:42,559  
you know in terms of

804  
00:29:47,269 --> 00:29:45,120  
admitting things as black or black and

805  
00:29:49,909 --> 00:29:47,279  
white saying things so for example one

806  
00:29:52,789 --> 00:29:49,919  
example of this is in the uap task force

807  
00:29:55,990 --> 00:29:52,799  
report right they say that there is

808  
00:29:58,070 --> 00:29:56,000  
no current data to suggest that this is

809  
00:29:59,830 --> 00:29:58,080  
indicative of a foreign um foreign

810  
00:30:02,070 --> 00:29:59,840  
adversarial tech right

811  
00:30:05,350 --> 00:30:02,080  
but they also say earlier in the report

812  
00:30:07,510 --> 00:30:05,360  
that this tech could be russia or china

813  
00:30:09,430 --> 00:30:07,520

a lot of folks a lot of folks looked at

814

00:30:10,710 --> 00:30:09,440

that and said oh they think it's russia

815

00:30:12,310 --> 00:30:10,720

or china

816

00:30:14,230 --> 00:30:12,320

that's not what they said

817

00:30:16,389 --> 00:30:14,240

right you have to understand that what

818

00:30:17,669 --> 00:30:16,399

they are saying is we cannot rule this

819

00:30:19,510 --> 00:30:17,679

out

820

00:30:21,510 --> 00:30:19,520

but we don't have any data

821

00:30:23,430 --> 00:30:21,520

so what that means to me and what they

822

00:30:25,909 --> 00:30:23,440

were saying for someone who can kind of

823

00:30:27,669 --> 00:30:25,919

agree between the lines is

824

00:30:29,669 --> 00:30:27,679

the only

825

00:30:32,310 --> 00:30:29,679

pr you know conceivable options that it

826

00:30:34,230 --> 00:30:32,320

could be would be russia or china but we

827

00:30:35,750 --> 00:30:34,240

don't have any evidence of that and so i

828

00:30:37,830 --> 00:30:35,760

think you have to

829

00:30:40,549 --> 00:30:37,840

be very careful with how you read what

830

00:30:43,190 --> 00:30:40,559

they say because every word has meaning

831

00:30:44,950 --> 00:30:43,200

and so just because they don't say it

832

00:30:46,950 --> 00:30:44,960

isn't adversarial tech they're never

833

00:30:50,070 --> 00:30:46,960

going to say that because there's going

834

00:30:52,470 --> 00:30:50,080

to be one circumstance in which it is

835

00:30:54,230 --> 00:30:52,480

you know and so i you have to be very

836

00:30:55,110 --> 00:30:54,240

cautious in how you interpret what they

837

00:30:56,389 --> 00:30:55,120

say

838

00:30:57,430 --> 00:30:56,399

if you don't have data how are you going

839

00:30:58,630 --> 00:30:57,440

to know

840

00:30:59,590 --> 00:30:58,640

you know right

841

00:31:00,950 --> 00:30:59,600

right

842

00:31:02,870 --> 00:31:00,960

but unfortunately the media doesn't

843

00:31:05,029 --> 00:31:02,880

write that right that way and that's why

844

00:31:07,590 --> 00:31:05,039

i think it's important to

845

00:31:09,990 --> 00:31:07,600

read the transcripts watch the hearing

846

00:31:12,310 --> 00:31:10,000

as long and as boring as it may be at

847

00:31:14,870 --> 00:31:12,320

times um but that's something that i

848

00:31:15,750 --> 00:31:14,880

would really caution people to take to

849

00:31:17,509 --> 00:31:15,760

heart

850

00:31:20,870 --> 00:31:17,519

um

851

00:31:23,909 --> 00:31:20,880

uh you know uh literal you know

852

00:31:26,389 --> 00:31:23,919

extraterrestrial lands in front of our

853

00:31:28,070 --> 00:31:26,399

news cameras no one is going to say

854

00:31:29,110 --> 00:31:28,080

they are real like that's just not going

855

00:31:32,149 --> 00:31:29,120

to happen

856

00:31:33,750 --> 00:31:32,159

um if it does happen you know quote me

857

00:31:36,310 --> 00:31:33,760

and i'll buy you a drink

858

00:31:38,230 --> 00:31:36,320

um but it's just not how

859

00:31:40,310 --> 00:31:38,240

it's just not how the dod works right

860

00:31:42,230 --> 00:31:40,320

there they're going to be very cautious

861

00:31:43,909 --> 00:31:42,240

until they are forced into a corner

862

00:31:45,029 --> 00:31:43,919

because they never want to be proven

863

00:31:46,870 --> 00:31:45,039

wrong

864

00:31:49,990 --> 00:31:46,880

right understood

865

00:31:52,870 --> 00:31:50,000

now along those lines um we were talking

866

00:31:55,350 --> 00:31:52,880

a couple days ago on the show about how

867

00:31:57,830 --> 00:31:55,360

i believe it's ron moultrie uh he got

868

00:32:00,549 --> 00:31:57,840

his masters uh in russian studies and a

869

00:32:03,029 --> 00:32:00,559

lot of his his formative years were were

870

00:32:05,350 --> 00:32:03,039

in russian intelligence and scott bray

871

00:32:07,029 --> 00:32:05,360

has been an expert in chinese

872

00:32:10,549 --> 00:32:07,039

intelligence and has been a china

873

00:32:12,710 --> 00:32:10,559

subject matter expert so if we if you

874

00:32:15,110 --> 00:32:12,720

know regardless of their incredibly

875

00:32:16,149 --> 00:32:15,120

senior positions within this you've got

876  
00:32:17,110 --> 00:32:16,159  
one guy

877  
00:32:19,029 --> 00:32:17,120  
that

878  
00:32:20,630 --> 00:32:19,039  
maybe is read up enough to be able to

879  
00:32:23,269 --> 00:32:20,640  
tell you whether they're russian or not

880  
00:32:24,710 --> 00:32:23,279  
and you've got another guy that is maybe

881  
00:32:26,710 --> 00:32:24,720  
read up enough to tell you whether

882  
00:32:29,590 --> 00:32:26,720  
they're chinese or not

883  
00:32:30,630 --> 00:32:29,600  
in terms of incremental steps you know

884  
00:32:32,310 --> 00:32:30,640  
between

885  
00:32:34,389 --> 00:32:32,320  
you know where where we are in the

886  
00:32:35,430 --> 00:32:34,399  
public discourse at least in washington

887  
00:32:37,990 --> 00:32:35,440  
right now

888  
00:32:40,870 --> 00:32:38,000

and um and you know like show me the

889

00:32:41,750 --> 00:32:40,880

bodies or whatever roswell style

890

00:32:43,990 --> 00:32:41,760

um

891

00:32:44,789 --> 00:32:44,000

do you think that it's possible that

892

00:32:47,029 --> 00:32:44,799

that

893

00:32:50,310 --> 00:32:47,039

you know given the two people testifying

894

00:32:52,630 --> 00:32:50,320

next week we can we can at least

895

00:32:55,269 --> 00:32:52,640

get past some of these initial hurdles

896

00:32:57,830 --> 00:32:55,279

with regard to uh they might be russia

897

00:33:00,710 --> 00:32:57,840

they might be china and do you see an

898

00:33:03,909 --> 00:33:00,720

advantage to getting past that hurdle um

899

00:33:06,389 --> 00:33:05,190

i think

900

00:33:07,990 --> 00:33:06,399

uh

901  
00:33:10,789 --> 00:33:08,000  
i don't know enough about those two

902  
00:33:13,110 --> 00:33:10,799  
gentlemen personally um to answer with a

903  
00:33:16,389 --> 00:33:13,120  
ton of intelligence on it but i will

904  
00:33:17,909 --> 00:33:16,399  
tell you what i think is likely um

905  
00:33:21,190 --> 00:33:17,919  
i know for example chris mullins

906  
00:33:22,470 --> 00:33:21,200  
mentioned once before at least that

907  
00:33:25,830 --> 00:33:22,480  
you know we need to be cognizant first

908  
00:33:26,870 --> 00:33:25,840  
of all that not all uap are the same um

909  
00:33:28,789 --> 00:33:26,880  
and that

910  
00:33:30,870 --> 00:33:28,799  
some of them particularly you know

911  
00:33:32,230 --> 00:33:30,880  
particularly like um

912  
00:33:35,029 --> 00:33:32,240  
some stuff that's happened off the coast

913  
00:33:37,110 --> 00:33:35,039

of the pacific um in like

914

00:33:39,110 --> 00:33:37,120

california um

915

00:33:41,190 --> 00:33:39,120

could be drone swarms that are chinese

916

00:33:43,110 --> 00:33:41,200

uh you know it's it's hard it's hard to

917

00:33:44,870 --> 00:33:43,120

tell um

918

00:33:48,470 --> 00:33:44,880

without looking at the individual specs

919

00:33:49,990 --> 00:33:48,480

of each case right um

920

00:33:51,430 --> 00:33:50,000

but i definitely don't think that's all

921

00:33:53,269 --> 00:33:51,440

of them um

922

00:33:55,430 --> 00:33:53,279

i do think it's going to be challenging

923

00:33:56,950 --> 00:33:55,440

though if you start asking all or

924

00:33:58,070 --> 00:33:56,960

nothing questions

925

00:33:59,669 --> 00:33:58,080

i think

926  
00:34:00,870 --> 00:33:59,679  
either one of those gentlemen will

927  
00:34:02,870 --> 00:34:00,880  
answer

928  
00:34:04,549 --> 00:34:02,880  
an all-or-nothing fashion right so if

929  
00:34:06,230 --> 00:34:04,559  
your question is

930  
00:34:07,830 --> 00:34:06,240  
you know is this russian or chinese tech

931  
00:34:09,270 --> 00:34:07,840  
and their answer is some of them might

932  
00:34:10,869 --> 00:34:09,280  
be that's going to be the headline it's

933  
00:34:12,470 --> 00:34:10,879  
not going to be

934  
00:34:14,470 --> 00:34:12,480  
yeah some of them might be but what

935  
00:34:16,470 --> 00:34:14,480  
about the rest of the 90

936  
00:34:18,950 --> 00:34:16,480  
right

937  
00:34:21,030 --> 00:34:18,960  
and so i think that you're not going to

938  
00:34:22,950 --> 00:34:21,040

hear them say it is not russian it is

939

00:34:24,629 --> 00:34:22,960

not chinese i i just don't think that's

940

00:34:26,069 --> 00:34:24,639

going to ever happen um because i

941

00:34:27,430 --> 00:34:26,079

guarantee there's one case that will

942

00:34:29,750 --> 00:34:27,440

prove to be russian in one case that

943

00:34:31,829 --> 00:34:29,760

will prove to be chinese and also

944

00:34:33,589 --> 00:34:31,839

there's the tiny

945

00:34:36,230 --> 00:34:33,599

aspect of the fact that that's their

946

00:34:37,990 --> 00:34:36,240

subject area and subject matter experts

947

00:34:40,869 --> 00:34:38,000

love to point to their own subject

948

00:34:43,030 --> 00:34:40,879

expertise as a result um it's just like

949

00:34:45,510 --> 00:34:43,040

a vlog

950

00:34:46,790 --> 00:34:45,520

i'm really smart about northern iraq and

951  
00:34:48,230 --> 00:34:46,800  
every time someone brings something up

952  
00:34:49,990 --> 00:34:48,240  
i'm like yeah but except for northern

953  
00:34:53,589 --> 00:34:50,000  
iraq xyz

954  
00:34:55,829 --> 00:34:53,599  
um so i think that that's unfortunately

955  
00:34:57,670 --> 00:34:55,839  
a side effect we'll see um but i do

956  
00:35:00,710 --> 00:34:57,680  
think it is promising that we have folks

957  
00:35:03,190 --> 00:35:00,720  
with these expertise because

958  
00:35:04,470 --> 00:35:03,200  
if not externally internally they'll be

959  
00:35:05,910 --> 00:35:04,480  
able to set their narrative straight

960  
00:35:07,670 --> 00:35:05,920  
you're right um

961  
00:35:09,670 --> 00:35:07,680  
because for more

962  
00:35:11,510 --> 00:35:09,680  
more or less we know what capabilities

963  
00:35:13,109 --> 00:35:11,520

other people have right like we know

964

00:35:14,470 --> 00:35:13,119

that

965

00:35:16,950 --> 00:35:14,480

you know

966

00:35:20,390 --> 00:35:16,960

russia and china most likely don't have

967

00:35:22,710 --> 00:35:20,400

a drone that goes 12 000 miles per hour

968

00:35:24,950 --> 00:35:22,720

with no heat signatures right

969

00:35:27,030 --> 00:35:24,960

it's it's just unlikely given the state

970

00:35:29,750 --> 00:35:27,040

of where we are um and they and someone

971

00:35:31,750 --> 00:35:29,760

like you know moultrie or or the other

972

00:35:33,349 --> 00:35:31,760

gentleman will be able to say you know

973

00:35:35,750 --> 00:35:33,359

based on our current intelligence this

974

00:35:36,950 --> 00:35:35,760

is the best we think they have

975

00:35:38,950 --> 00:35:36,960

um

976  
00:35:40,550 --> 00:35:38,960  
but unfortunately as much as i like wish

977  
00:35:43,190 --> 00:35:40,560  
i could give you all these fantastic

978  
00:35:44,950 --> 00:35:43,200  
news i know dc too well and like i don't

979  
00:35:46,230 --> 00:35:44,960  
think you're going to get some

980  
00:35:48,150 --> 00:35:46,240  
incredible

981  
00:35:49,510 --> 00:35:48,160  
no it's not adversarial tech i think

982  
00:35:51,510 --> 00:35:49,520  
what you'll get

983  
00:35:54,630 --> 00:35:51,520  
are statements like that from members of

984  
00:35:56,470 --> 00:35:54,640  
congress that are really indicative of

985  
00:35:58,310 --> 00:35:56,480  
um what they think and i would almost

986  
00:35:59,750 --> 00:35:58,320  
pay more attention to their questions

987  
00:36:01,990 --> 00:35:59,760  
because keep in mind those are folks

988  
00:36:04,310 --> 00:36:02,000

who've seen the classified briefings

989

00:36:06,150 --> 00:36:04,320

right and so i think if you want to pay

990

00:36:07,910 --> 00:36:06,160

attention to something don't pay

991

00:36:08,870 --> 00:36:07,920

attention to the pentagon right they

992

00:36:12,150 --> 00:36:08,880

have

993

00:36:15,030 --> 00:36:12,160

would pay attention to the questions

994

00:36:17,030 --> 00:36:15,040

that the members are asking

995

00:36:20,470 --> 00:36:17,040

that's that's brilliant that's really

996

00:36:23,670 --> 00:36:20,480

smart thank you for that yeah uh sean

997

00:36:26,710 --> 00:36:23,680

yeah yeah can i help you no

998

00:36:29,750 --> 00:36:26,720

yeah no i

999

00:36:32,710 --> 00:36:29,760

you're i mean bummerville but uh i can

1000

00:36:34,230 --> 00:36:32,720

completely i can completely

1001

00:36:36,630 --> 00:36:34,240

i can completely oh it's good to be

1002

00:36:39,349 --> 00:36:36,640

realistic right yeah and that's what i

1003

00:36:41,910 --> 00:36:39,359

asked i'm on base sorry about that yeah

1004

00:36:44,790 --> 00:36:41,920

no no i i completely get it you almost

1005

00:36:46,790 --> 00:36:44,800

have to ask questions that um

1006

00:36:48,310 --> 00:36:46,800

um and maybe we could brainstorm some of

1007

00:36:51,030 --> 00:36:48,320

those what are some questions that would

1008

00:36:53,109 --> 00:36:51,040

almost paint the picture for people that

1009

00:36:55,030 --> 00:36:53,119

they can't be foreign without them

1010

00:36:55,910 --> 00:36:55,040

having to say something like that you

1011

00:36:56,870 --> 00:36:55,920

know

1012

00:36:59,270 --> 00:36:56,880

like

1013

00:37:01,589 --> 00:36:59,280

you know just spitballing um

1014

00:37:05,109 --> 00:37:01,599

you know are you aware

1015

00:37:08,390 --> 00:37:05,119

of any you know tech that can go

1016

00:37:10,230 --> 00:37:08,400

13 000 miles an hour that you know

1017

00:37:12,069 --> 00:37:10,240

that's in our possession or somebody

1018

00:37:13,430 --> 00:37:12,079

else's you know something where they

1019

00:37:15,670 --> 00:37:13,440

would have to say

1020

00:37:19,829 --> 00:37:15,680

no

1021

00:37:21,430 --> 00:37:19,839

data that shows this one such and such

1022

00:37:23,589 --> 00:37:21,440

miles per hour so

1023

00:37:25,270 --> 00:37:23,599

what is it then you know

1024

00:37:27,270 --> 00:37:25,280

um

1025

00:37:28,710 --> 00:37:27,280

but you know it's hard to come up with

1026  
00:37:30,870 --> 00:37:28,720  
those questions without having a better

1027  
00:37:32,470 --> 00:37:30,880  
grasp of what people actually know and

1028  
00:37:33,910 --> 00:37:32,480  
don't know now

1029  
00:37:37,910 --> 00:37:33,920  
somebody in the chat actually brought up

1030  
00:37:38,710 --> 00:37:37,920  
a good point like it's hard to believe

1031  
00:37:40,950 --> 00:37:38,720  
oh

1032  
00:37:42,470 --> 00:37:40,960  
you disappeared on me

1033  
00:37:44,150 --> 00:37:42,480  
oh that's okay it's hard it's hard to

1034  
00:37:46,069 --> 00:37:44,160  
believe that um

1035  
00:37:48,630 --> 00:37:46,079  
do you let me just ask you this do you

1036  
00:37:51,349 --> 00:37:48,640  
honestly think that they don't have

1037  
00:37:53,990 --> 00:37:51,359  
any data

1038  
00:37:57,589 --> 00:37:54,000

right now that that proves to them

1039

00:37:58,630 --> 00:37:57,599

personally that it's not foreign

1040

00:38:00,790 --> 00:37:58,640

like uh

1041

00:38:02,829 --> 00:38:00,800

in the dod for instance do you really

1042

00:38:04,630 --> 00:38:02,839

think that they don't know

1043

00:38:06,390 --> 00:38:04,640

basically i think the problem is you're

1044

00:38:07,990 --> 00:38:06,400

asking them to prove a negative right

1045

00:38:10,710 --> 00:38:08,000

can you ever prove something for sure

1046

00:38:12,230 --> 00:38:10,720

isn't something

1047

00:38:14,390 --> 00:38:12,240

no right i mean i think they probably

1048

00:38:16,230 --> 00:38:14,400

have enough data to say

1049

00:38:18,310 --> 00:38:16,240

we know russians have xyz we know

1050

00:38:20,150 --> 00:38:18,320

chinese have xyz this exceeds their

1051  
00:38:22,069 --> 00:38:20,160  
capabilities by x

1052  
00:38:23,349 --> 00:38:22,079  
um i so i think a lot of people probably

1053  
00:38:25,109 --> 00:38:23,359  
suspect that

1054  
00:38:27,589 --> 00:38:25,119  
um

1055  
00:38:30,470 --> 00:38:27,599  
but i don't think that anyone's ever

1056  
00:38:32,710 --> 00:38:30,480  
going to make any definitive statements

1057  
00:38:34,710 --> 00:38:32,720  
yes i really don't just to me like when

1058  
00:38:36,310 --> 00:38:34,720  
you package it with all a history of

1059  
00:38:37,910 --> 00:38:36,320  
ufology right

1060  
00:38:40,069 --> 00:38:37,920  
like the in the and it's the same

1061  
00:38:43,430 --> 00:38:40,079  
descriptions by the pilots today of

1062  
00:38:46,790 --> 00:38:43,440  
pilots then in 47 90 degree turns

1063  
00:38:48,390 --> 00:38:46,800

you know uh stops on a dime hovers um

1064

00:38:50,310 --> 00:38:48,400

you know vectored

1065

00:38:51,670 --> 00:38:50,320

uh planes vector towards the things

1066

00:38:54,310 --> 00:38:51,680

can't catch up

1067

00:38:55,430 --> 00:38:54,320

on radar seen visually for decades and

1068

00:38:56,390 --> 00:38:55,440

decades

1069

00:38:57,430 --> 00:38:56,400

um

1070

00:38:58,630 --> 00:38:57,440

it

1071

00:39:00,790 --> 00:38:58,640

how i mean

1072

00:39:03,109 --> 00:39:00,800

you know if you were multi-go how

1073

00:39:05,030 --> 00:39:03,119

possible in your estimate in your

1074

00:39:05,990 --> 00:39:05,040

estimation sir is it that something

1075

00:39:10,150 --> 00:39:06,000

could go

1076

00:39:12,310 --> 00:39:10,160

um 13 000 miles an hour in 1951

1077

00:39:14,069 --> 00:39:12,320

right and and i think that's the hurdle

1078

00:39:15,829 --> 00:39:14,079

we're going to have cross next with new

1079

00:39:17,990 --> 00:39:15,839

people who are coming in

1080

00:39:20,150 --> 00:39:18,000

is people watch these hearings they go

1081

00:39:21,670 --> 00:39:20,160

okay this is interesting but you know

1082

00:39:23,670 --> 00:39:21,680

it's probably our tech

1083

00:39:26,870 --> 00:39:23,680

that's the hurdle we're gonna pass of

1084

00:39:28,950 --> 00:39:26,880

okay so yeah maybe it's not

1085

00:39:32,069 --> 00:39:28,960

that insane to think that we could have

1086

00:39:34,470 --> 00:39:32,079

the tic tac technology now but they were

1087

00:39:37,589 --> 00:39:34,480

describing flying butane tanks and

1088

00:39:40,230 --> 00:39:37,599

throat lozenges right etc in the 40s and

1089

00:39:43,430 --> 00:39:40,240

50s and that's when it starts to just

1090

00:39:46,630 --> 00:39:43,440

become way beyond possibility right like

1091

00:39:49,670 --> 00:39:46,640

now if it was now just now it's

1092

00:39:52,390 --> 00:39:49,680

incredible if it was back then it's you

1093

00:39:53,430 --> 00:39:52,400

know life-altering technology right yeah

1094

00:39:55,349 --> 00:39:53,440

um

1095

00:39:57,990 --> 00:39:55,359

so i think that we're gonna have to be

1096

00:39:59,670 --> 00:39:58,000

very cautious as new people come in

1097

00:40:02,470 --> 00:39:59,680

of countering that narrative and cutting

1098

00:40:04,309 --> 00:40:02,480

it down as quickly as we can um because

1099

00:40:05,589 --> 00:40:04,319

people aren't going to want to listen to

1100

00:40:07,589 --> 00:40:05,599

historical cases they're going to want

1101  
00:40:09,270 --> 00:40:07,599  
to talk about what's happening now

1102  
00:40:10,550 --> 00:40:09,280  
because that's what one's talking about

1103  
00:40:13,109 --> 00:40:10,560  
now on the hill right they're talking

1104  
00:40:15,270 --> 00:40:13,119  
about tic tac and gimbal and go fast and

1105  
00:40:20,790 --> 00:40:15,280  
um those are incredible cases but that's

1106  
00:40:28,390 --> 00:40:22,470  
thank you so much

1107  
00:40:31,670 --> 00:40:29,589  
that's something we that's something

1108  
00:40:33,670 --> 00:40:31,680  
we've established we know this shawn's

1109  
00:40:35,990 --> 00:40:33,680  
always hungry um

1110  
00:40:37,750 --> 00:40:36,000  
i now i i think that the audience is

1111  
00:40:39,190 --> 00:40:37,760  
really going to appreciate this that

1112  
00:40:40,950 --> 00:40:39,200  
this segment of the conversation that

1113  
00:40:42,550 --> 00:40:40,960

we've been establishing here and thank

1114

00:40:44,390 --> 00:40:42,560

you so much for going into the weeds

1115

00:40:47,670 --> 00:40:44,400

katie with regard to

1116

00:40:49,109 --> 00:40:47,680

dc and kind of what we can expect and

1117

00:40:51,270 --> 00:40:49,119

it's i think it's really important to

1118

00:40:53,589 --> 00:40:51,280

temper our expectations and at the same

1119

00:40:56,470 --> 00:40:53,599

time you know i think we're all looking

1120

00:40:59,910 --> 00:40:56,480

for that kind of sound bite or feud that

1121

00:41:01,990 --> 00:40:59,920

can that can be kind of like

1122

00:41:04,710 --> 00:41:02,000

that we can make operable and kind of

1123

00:41:07,910 --> 00:41:04,720

like move move the ball forward you know

1124

00:41:09,190 --> 00:41:07,920

yes absolutely now um

1125

00:41:11,670 --> 00:41:09,200

you know there's

1126  
00:41:13,109 --> 00:41:11,680  
you've established so much in terms of

1127  
00:41:14,309 --> 00:41:13,119  
we can go into

1128  
00:41:16,790 --> 00:41:14,319  
um

1129  
00:41:18,630 --> 00:41:16,800  
the work that you've done overseas

1130  
00:41:23,910 --> 00:41:18,640  
i'll wait until she comes back

1131  
00:41:28,710 --> 00:41:25,829  
you know if this was a classic art bell

1132  
00:41:30,550 --> 00:41:28,720  
episode or pretend to be her an answer

1133  
00:41:32,950 --> 00:41:30,560  
yeah yeah right on you know there's

1134  
00:41:34,550 --> 00:41:32,960  
there's been

1135  
00:41:35,750 --> 00:41:34,560  
this used to be one of the big things

1136  
00:41:37,750 --> 00:41:35,760  
you guys like

1137  
00:41:39,990 --> 00:41:37,760  
for those in the audience um that don't

1138  
00:41:41,030 --> 00:41:40,000

know uh back in the day

1139

00:41:44,470 --> 00:41:41,040

um

1140

00:41:47,270 --> 00:41:44,480

uh art bell and this is around like 2000

1141

00:41:49,349 --> 00:41:47,280

2001 when cell signals were really when

1142

00:41:52,069 --> 00:41:49,359

people were starting to really adopt

1143

00:41:53,670 --> 00:41:52,079

cell phones um it would be really common

1144

00:41:55,670 --> 00:41:53,680

for people to lose

1145

00:41:57,589 --> 00:41:55,680

their their call and calling into the

1146

00:41:59,750 --> 00:41:57,599

midnight programs and stuff like this

1147

00:42:01,990 --> 00:41:59,760

and there was this common refrain of of

1148

00:42:03,670 --> 00:42:02,000

like oh it's the government it's that

1149

00:42:04,710 --> 00:42:03,680

government they're they're they're

1150

00:42:06,790 --> 00:42:04,720

trying to get in the way of the

1151

00:42:08,710 --> 00:42:06,800

conversation they're trying to get in

1152

00:42:10,309 --> 00:42:08,720

the way there oh there you are and now

1153

00:42:12,230 --> 00:42:10,319

you're all right i'm going on my phone

1154

00:42:13,750 --> 00:42:12,240

over data i'm sorry guys my wi-fi has

1155

00:42:14,550 --> 00:42:13,760

been horrible today

1156

00:42:17,190 --> 00:42:14,560

oh

1157

00:42:19,190 --> 00:42:17,200

no worries it's i was just i was just

1158

00:42:22,390 --> 00:42:19,200

joking around but

1159

00:42:27,190 --> 00:42:24,390

that uh for years and years and years

1160

00:42:29,109 --> 00:42:27,200

back at their like at the onset of the

1161

00:42:31,190 --> 00:42:29,119

21st century that people like art bell

1162

00:42:33,109 --> 00:42:31,200

and stuff like that would when sell

1163

00:42:35,829 --> 00:42:33,119

signal was

1164

00:42:38,309 --> 00:42:35,839

first happening that people would uh

1165

00:42:40,150 --> 00:42:38,319

lose their that people would drop calls

1166

00:42:41,990 --> 00:42:40,160

on the midnight programs a lot and it'd

1167

00:42:43,190 --> 00:42:42,000

be like oh it's the government they're

1168

00:42:45,190 --> 00:42:43,200

trying to get in the way of this

1169

00:42:47,109 --> 00:42:45,200

conversation about bigfoot or whatever

1170

00:42:49,430 --> 00:42:47,119

you know what i mean things like that

1171

00:42:51,190 --> 00:42:49,440

so um so you know we could play that

1172

00:42:53,109 --> 00:42:51,200

card for sure to kind of suck up a

1173

00:42:55,910 --> 00:42:53,119

little bit of time there which is great

1174

00:42:57,910 --> 00:42:55,920

um now i'll you know thank you so much

1175

00:43:00,069 --> 00:42:57,920

for getting into the weeds with us again

1176  
00:43:01,349 --> 00:43:00,079  
now you've done a lot of advocacy work

1177  
00:43:03,670 --> 00:43:01,359  
for people with chronic health

1178  
00:43:05,990 --> 00:43:03,680  
challenges and disabilities and from

1179  
00:43:08,790 --> 00:43:06,000  
what i know this is a deeply important

1180  
00:43:10,870 --> 00:43:08,800  
issue for you do you feel comfortable

1181  
00:43:13,109 --> 00:43:10,880  
talking with us and the audience a

1182  
00:43:15,990 --> 00:43:13,119  
little bit about that

1183  
00:43:19,030 --> 00:43:16,000  
yeah absolutely so um i'm kind of a

1184  
00:43:21,829 --> 00:43:19,040  
medical disaster myself

1185  
00:43:22,710 --> 00:43:21,839  
i have a number of autoimmune conditions

1186  
00:43:25,670 --> 00:43:22,720  
that

1187  
00:43:28,550 --> 00:43:25,680  
took doctors over a decade to diagnose

1188  
00:43:30,150 --> 00:43:28,560

which is a very common thing with people

1189

00:43:31,829 --> 00:43:30,160

um who have chronic health issues

1190

00:43:32,790 --> 00:43:31,839

especially autoimmune

1191

00:43:33,750 --> 00:43:32,800

um

1192

00:43:34,550 --> 00:43:33,760

and so

1193

00:43:39,109 --> 00:43:34,560

i

1194

00:43:41,510 --> 00:43:39,119

to use arm crutches to get around or

1195

00:43:43,990 --> 00:43:41,520

wheelchairs on rare occasions

1196

00:43:46,470 --> 00:43:44,000

but i don't look disabled uh

1197

00:43:49,190 --> 00:43:46,480

and so that honestly has

1198

00:43:51,430 --> 00:43:49,200

caused a lot of challenges um

1199

00:43:54,950 --> 00:43:51,440

having limitations but that aren't

1200

00:43:57,750 --> 00:43:54,960

visible is very difficult um

1201  
00:44:00,390 --> 00:43:57,760  
people think that you're faking people

1202  
00:44:02,630 --> 00:44:00,400  
um forget really easily that your your

1203  
00:44:03,750 --> 00:44:02,640  
capabilities are a little tempered a

1204  
00:44:06,230 --> 00:44:03,760  
little different

1205  
00:44:08,630 --> 00:44:06,240  
um and so i've

1206  
00:44:10,790 --> 00:44:08,640  
been trying really hard to

1207  
00:44:12,630 --> 00:44:10,800  
spread awareness of what it's like to

1208  
00:44:13,829 --> 00:44:12,640  
be someone with invisible disabilities

1209  
00:44:17,109 --> 00:44:13,839  
um

1210  
00:44:19,990 --> 00:44:17,119  
and it's particularly interesting to me

1211  
00:44:22,230 --> 00:44:20,000  
in this context because there's a lot of

1212  
00:44:24,230 --> 00:44:22,240  
anecdotal evidence and possibly more

1213  
00:44:25,750 --> 00:44:24,240

than anecdotal evidence but not in the

1214

00:44:27,990 --> 00:44:25,760

public sphere

1215

00:44:30,230 --> 00:44:28,000

um that experiencers of a lot of

1216

00:44:31,270 --> 00:44:30,240

different types may have

1217

00:44:32,790 --> 00:44:31,280

um

1218

00:44:35,589 --> 00:44:32,800

kind of immune system malfunction

1219

00:44:38,069 --> 00:44:35,599

whether it's autoimmune conditions or

1220

00:44:40,710 --> 00:44:38,079

cancers or things like that

1221

00:44:42,390 --> 00:44:40,720

so um you know i'm not saying that's why

1222

00:44:45,349 --> 00:44:42,400

i have different conditions that's not

1223

00:44:47,430 --> 00:44:45,359

what i'm saying but there's a lot of um

1224

00:44:49,910 --> 00:44:47,440

folks in this community i think who are

1225

00:44:51,270 --> 00:44:49,920

dealing with these issues as well and so

1226

00:44:53,430 --> 00:44:51,280

i think it's an important thing to just

1227

00:44:55,510 --> 00:44:53,440

kind of continuously bring to the

1228

00:44:59,349 --> 00:44:55,520

forefront and talk about and make sure

1229

00:45:01,430 --> 00:44:59,359

that we are doing everything we can to

1230

00:45:04,150 --> 00:45:01,440

look at the human health aspects of this

1231

00:45:05,589 --> 00:45:04,160

as well because we don't know like i

1232

00:45:07,349 --> 00:45:05,599

said we don't know what the phenomenon

1233

00:45:10,230 --> 00:45:07,359

is we don't know the impact it'll have

1234

00:45:11,430 --> 00:45:10,240

on human health and human well-being um

1235

00:45:14,870 --> 00:45:11,440

and it's important that we don't lose

1236

00:45:19,750 --> 00:45:17,589

yeah i think it's really great that

1237

00:45:21,829 --> 00:45:19,760

um you know there's people like yourself

1238

00:45:23,109 --> 00:45:21,839

that are they're actually looking at

1239

00:45:24,870 --> 00:45:23,119

that and paying attention to that

1240

00:45:27,030 --> 00:45:24,880

because i think it's definitely

1241

00:45:29,109 --> 00:45:27,040

um it's one of those aspects of this

1242

00:45:30,710 --> 00:45:29,119

that i think people are afraid to touch

1243

00:45:32,630 --> 00:45:30,720

on too much

1244

00:45:34,470 --> 00:45:32,640

but there is definitely plenty of uh

1245

00:45:37,990 --> 00:45:34,480

evidence to suggest there could be a

1246

00:45:40,309 --> 00:45:38,000

link enough to you know look into it uh

1247

00:45:42,790 --> 00:45:40,319

seriously and i just want to say for the

1248

00:45:45,190 --> 00:45:42,800

record like um

1249

00:45:47,589 --> 00:45:45,200

you know you say you're um

1250

00:45:49,990 --> 00:45:47,599

you know disabled and you have uh

1251  
00:45:54,309 --> 00:45:50,000  
uh health issues and everything but um

1252  
00:45:55,750 --> 00:45:54,319  
you make me feel like one lazy

1253  
00:45:57,349 --> 00:45:55,760  
mother ever

1254  
00:46:00,150 --> 00:45:57,359  
uh for what i've done with my life

1255  
00:46:01,990 --> 00:46:00,160  
compared to what you've accomplished so

1256  
00:46:05,750 --> 00:46:02,000  
um you are

1257  
00:46:08,230 --> 00:46:05,760  
a strong strong warrior lady so

1258  
00:46:10,069 --> 00:46:08,240  
um feel good feel proud for uh what

1259  
00:46:12,390 --> 00:46:10,079  
you've accomplished because

1260  
00:46:15,910 --> 00:46:12,400  
man that is just pure amazing and it's

1261  
00:46:17,990 --> 00:46:15,920  
an inspiration for sure so um yeah keep

1262  
00:46:20,230 --> 00:46:18,000  
up the good work well i guess what i

1263  
00:46:22,309 --> 00:46:20,240

could say what i would ask now is uh you

1264

00:46:26,230 --> 00:46:22,319

know what do you see for for your future

1265

00:46:29,670 --> 00:46:26,240

in this field um is there things um

1266

00:46:31,190 --> 00:46:29,680

that you know you kind of talents or or

1267

00:46:34,710 --> 00:46:31,200

otherwise that you want to bring to the

1268

00:46:36,950 --> 00:46:34,720

table and see through and progress um

1269

00:46:39,349 --> 00:46:36,960

with this topic

1270

00:46:41,309 --> 00:46:39,359

yeah absolutely so there's kind of two

1271

00:46:44,630 --> 00:46:41,319

areas that i want to pursue

1272

00:46:47,190 --> 00:46:44,640

simultaneously um the first is probably

1273

00:46:49,670 --> 00:46:47,200

what most people can guess uh

1274

00:46:51,829 --> 00:46:49,680

i think we have a lot of work to do in

1275

00:46:52,790 --> 00:46:51,839

upping our advocacy game

1276

00:46:54,470 --> 00:46:52,800

um

1277

00:46:56,390 --> 00:46:54,480

there are some great people who've done

1278

00:46:58,390 --> 00:46:56,400

some efforts before me i'm not trying to

1279

00:46:59,829 --> 00:46:58,400

dismiss any of them they've all done

1280

00:47:01,510 --> 00:46:59,839

some great things and they're a big part

1281

00:47:04,150 --> 00:47:01,520

of the that we

1282

00:47:05,829 --> 00:47:04,160

are having hearings now and what not um

1283

00:47:07,670 --> 00:47:05,839

but i think what i see a lot is a big

1284

00:47:10,710 --> 00:47:07,680

focus on

1285

00:47:12,550 --> 00:47:10,720

um people like lou and chris and who are

1286

00:47:14,069 --> 00:47:12,560

doing direct lobbying on the hill

1287

00:47:16,150 --> 00:47:14,079

meaning they're having face-to-face

1288

00:47:18,230 --> 00:47:16,160

conversations with officials

1289

00:47:19,990 --> 00:47:18,240

and i think we need to complement that

1290

00:47:21,030 --> 00:47:20,000

with some really intense grassroots

1291

00:47:22,630 --> 00:47:21,040

pressure

1292

00:47:24,150 --> 00:47:22,640

and um

1293

00:47:28,390 --> 00:47:24,160

you know as someone who used to do

1294

00:47:31,589 --> 00:47:28,400

lobbying both direct and grassroots um i

1295

00:47:34,710 --> 00:47:31,599

have a really good idea of when to do it

1296

00:47:37,030 --> 00:47:34,720

of how to do it of what is effective not

1297

00:47:38,549 --> 00:47:37,040

you know it's just basic things like

1298

00:47:40,790 --> 00:47:38,559

don't write a letter that's longer than

1299

00:47:41,910 --> 00:47:40,800

two or three paragraphs right call them

1300

00:47:44,150 --> 00:47:41,920

at key times when they're making

1301

00:47:48,150 --> 00:47:44,160

decisions making sure that you're only

1302

00:47:50,309 --> 00:47:48,160

concentrating your representatives

1303

00:47:52,710 --> 00:47:50,319

yeah no one's gonna take your phone call

1304

00:47:54,549 --> 00:47:52,720

if you're not from their district um you

1305

00:47:56,870 --> 00:47:54,559

know just like basic things it's much

1306

00:47:59,030 --> 00:47:56,880

better to have a flood of people

1307

00:48:01,349 --> 00:47:59,040

calling and sending messages on the same

1308

00:48:02,630 --> 00:48:01,359

day than to have them doing it trickling

1309

00:48:04,630 --> 00:48:02,640

throughout the year

1310

00:48:06,390 --> 00:48:04,640

um so there's a lot of things like that

1311

00:48:09,910 --> 00:48:06,400

that i think i can bring to the table

1312

00:48:11,589 --> 00:48:09,920

and it is my hope um to kind of start a

1313

00:48:13,270 --> 00:48:11,599

new

1314

00:48:15,829 --> 00:48:13,280

i don't know if organization is too

1315

00:48:17,589 --> 00:48:15,839

formal of a word but uh effort

1316

00:48:19,430 --> 00:48:17,599

um to

1317

00:48:21,829 --> 00:48:19,440

educate ufo twitter on these types of

1318

00:48:24,150 --> 00:48:21,839

things um to give them tools they need

1319

00:48:25,750 --> 00:48:24,160

to be more effective advocates

1320

00:48:26,870 --> 00:48:25,760

and i'm really looking forward to that

1321

00:48:28,250 --> 00:48:26,880

it kind of

1322

00:48:29,910 --> 00:48:28,260

started

1323

00:48:31,349 --> 00:48:29,920

[Music]

1324

00:48:33,349 --> 00:48:31,359

putting things together like for this

1325

00:48:34,710 --> 00:48:33,359

hearing and i've actually had a name for

1326

00:48:36,710 --> 00:48:34,720

the group for a while that's really

1327

00:48:37,990 --> 00:48:36,720

cheesy so you guys can tell me how bad

1328

00:48:39,270 --> 00:48:38,000

you think it is

1329

00:48:41,109 --> 00:48:39,280

but i want to call it the visible

1330

00:48:43,270 --> 00:48:41,119

college because

1331

00:48:45,030 --> 00:48:43,280

i think the invisible college should be

1332

00:48:46,630 --> 00:48:45,040

done away with right there's no more

1333

00:48:49,349 --> 00:48:46,640

need to be invisible about it let's come

1334

00:48:51,910 --> 00:48:49,359

out in the open um

1335

00:48:55,030 --> 00:48:51,920

so that's what you can look for there

1336

00:48:57,589 --> 00:48:55,040

and i'll be sharing more about that soon

1337

00:48:59,589 --> 00:48:57,599

and then on the personal side of things

1338

00:49:02,390 --> 00:48:59,599

you know i would love for gary nolan to

1339

00:49:06,069 --> 00:49:02,400

hire me i would love to work

1340

00:49:08,069 --> 00:49:06,079

at his new research arm that's outside

1341

00:49:10,630 --> 00:49:08,079

of government funding

1342

00:49:12,710 --> 00:49:10,640

i am an epidemiologist i have my masters

1343

00:49:15,109 --> 00:49:12,720

in epidemiology so

1344

00:49:18,309 --> 00:49:15,119

i would love to do health research

1345

00:49:20,870 --> 00:49:18,319

so if anyone gary if you're watching

1346

00:49:22,710 --> 00:49:20,880

you know how to reach me and anyone else

1347

00:49:24,309 --> 00:49:22,720

who's doing um

1348

00:49:29,670 --> 00:49:24,319

research like that i would love to be

1349

00:49:33,349 --> 00:49:32,309

excellent oh sean you're muted

1350

00:49:37,510 --> 00:49:33,359

the

1351

00:49:39,829 --> 00:49:37,520

that uh effort you just let me know i'm

1352

00:49:42,150 --> 00:49:39,839

here for you you can use me as a tool

1353

00:49:44,470 --> 00:49:42,160

for that grassroots effort so

1354

00:49:47,430 --> 00:49:44,480

i have a lot of fundraising experience

1355

00:49:50,069 --> 00:49:47,440

and sales experience so that are pretty

1356

00:49:51,670 --> 00:49:50,079

pretty good for this kind of stuff so

1357

00:49:53,589 --> 00:49:51,680

jay what do you got

1358

00:49:55,190 --> 00:49:53,599

oh well i'm just hoping that gary nolan

1359

00:49:56,710 --> 00:49:55,200

is going to be hearing this and we could

1360

00:49:58,470 --> 00:49:56,720

definitely clip it out

1361

00:50:01,270 --> 00:49:58,480

and he's here actually should i add him

1362

00:50:03,750 --> 00:50:01,280

to the stream i'm just kidding

1363

00:50:05,990 --> 00:50:03,760

that'd be amazing yeah this is your life

1364

00:50:07,349 --> 00:50:06,000

with gary nolan i'm sorry i didn't know

1365

00:50:10,549 --> 00:50:07,359

you were here

1366

00:50:17,190 --> 00:50:10,559

be a total oprah moment yeah

1367

00:50:21,109 --> 00:50:19,349

that's right oh my gosh if only it

1368

00:50:22,630 --> 00:50:21,119

worked that way you know hopefully it

1369

00:50:24,829 --> 00:50:22,640

hopefully it can in the future in this

1370

00:50:28,470 --> 00:50:24,839

field that would be great

1371

00:50:31,750 --> 00:50:28,480

um my dm soon like oh no

1372

00:50:34,470 --> 00:50:31,760

oh man yeah have i got a job for you

1373

00:50:35,430 --> 00:50:34,480

yep and and it's like astrology or

1374

00:50:37,349 --> 00:50:35,440

something like that i'm just playing

1375

00:50:38,790 --> 00:50:37,359

around you know you're better than how

1376

00:50:42,309 --> 00:50:38,800

many people are asking me if i'm an

1377

00:50:46,150 --> 00:50:45,030

greener than five we'll tell you that

1378

00:50:48,710 --> 00:50:46,160

yep

1379

00:50:51,349 --> 00:50:48,720

uh so uh we're alluding to some private

1380

00:50:53,190 --> 00:50:51,359

conversations that we've had among the

1381

00:50:55,190 --> 00:50:53,200

uap book club

1382

00:50:58,069 --> 00:50:55,200

and uh you're joining the all-star

1383

00:50:59,670 --> 00:50:58,079

lineup of the uap book club on on

1384

00:51:01,829 --> 00:50:59,680

priscilla stone's quantum witch channel

1385

00:51:03,030 --> 00:51:01,839

i saw her in the chat earlier in fact

1386

00:51:05,190 --> 00:51:03,040

you picked the next book

1387

00:51:08,630 --> 00:51:05,200

extraterrestrial by avi lope now we

1388

00:51:10,870 --> 00:51:08,640

heard from you uh just just before that

1389

00:51:13,270 --> 00:51:10,880

that um one of the early books that

1390

00:51:15,750 --> 00:51:13,280

really got you into this was leslie

1391

00:51:17,990 --> 00:51:15,760

kane's wonderful work

1392

00:51:20,230 --> 00:51:18,000

and we're

1393

00:51:21,349 --> 00:51:20,240

big fans of leslie kane over here

1394

00:51:23,270 --> 00:51:21,359

leslie

1395

00:51:25,109 --> 00:51:23,280

we love wesley kane but um what have

1396

00:51:26,950 --> 00:51:25,119

been your other favorite resources for

1397

00:51:29,190 --> 00:51:26,960

researching the anomalous books or

1398

00:51:31,829 --> 00:51:29,200

otherwise

1399

00:51:34,390 --> 00:51:31,839

so i'm a big bibliophile so i've bought

1400

00:51:36,069 --> 00:51:34,400

so many books um actually some of them

1401

00:51:39,829 --> 00:51:36,079

are behind me you can probably see them

1402

00:51:41,349 --> 00:51:39,839

uh i loved uh diana's american cosmic

1403

00:51:42,630 --> 00:51:41,359

that was incredible i thought it was a

1404

00:51:44,230 --> 00:51:42,640

totally different approach to the

1405

00:51:45,670 --> 00:51:44,240

subject i'm just gonna look real quick

1406

00:51:46,630 --> 00:51:45,680

what i have up here

1407

00:51:50,950 --> 00:51:46,640

um

1408

00:51:53,349 --> 00:51:50,960

some

1409

00:51:55,349 --> 00:51:53,359

books that have to do with consciousness

1410

00:51:56,309 --> 00:51:55,359

like biocentrism

1411

00:51:58,069 --> 00:51:56,319

um

1412

00:51:59,670 --> 00:51:58,079

i'm reading a book on how to do remote

1413

00:52:01,589 --> 00:51:59,680

viewing again i know it's not exactly

1414

00:52:03,349 --> 00:52:01,599

uap but i think like looking into

1415

00:52:05,190 --> 00:52:03,359

consciousness is

1416

00:52:07,510 --> 00:52:05,200

probably the next frontier so that's

1417

00:52:09,510 --> 00:52:07,520

what i've been really interested in um

1418

00:52:12,870 --> 00:52:09,520

and i wanted to read extraterrestrial

1419

00:52:15,829 --> 00:52:12,880

like i mentioned to you guys um because

1420

00:52:17,430 --> 00:52:15,839

you know whether or not umomoa is you

1421

00:52:19,109 --> 00:52:17,440

know extraterrestrial i think it's

1422

00:52:21,670 --> 00:52:19,119

really good that we start to understand

1423

00:52:22,870 --> 00:52:21,680

avilobe right he's head of the galileo

1424

00:52:25,349 --> 00:52:22,880

project i think there's going to be a

1425

00:52:26,790 --> 00:52:25,359

lot of movement scientifically forward

1426

00:52:29,430 --> 00:52:26,800

from that

1427

00:52:30,950 --> 00:52:29,440

um that perspective so i'm excited to

1428

00:52:33,030 --> 00:52:30,960

read that and to be a part of the book

1429

00:52:34,069 --> 00:52:33,040

club thanks for all thanks for having me

1430

00:52:37,510 --> 00:52:34,079

guys

1431

00:52:41,270 --> 00:52:37,520

um have i bought ufos before roswell

1432

00:52:42,950 --> 00:52:41,280

i'm buying it tonight i promise you i

1433

00:52:44,870 --> 00:52:42,960

just bought a book yesterday that got

1434

00:52:47,430 --> 00:52:44,880

delivered to my old address in virginia

1435

00:52:49,510 --> 00:52:47,440

so i'm still a little bit in a tizzy but

1436

00:52:51,589 --> 00:52:49,520

i will buy it tonight

1437

00:52:53,910 --> 00:52:51,599

i want that commission

1438

00:52:55,829 --> 00:52:53,920

there we go yeah

1439

00:52:57,990 --> 00:52:55,839

oh that's right and you moved recently

1440

00:53:00,630 --> 00:52:58,000

how's your move been are you getting

1441

00:53:02,069 --> 00:53:00,640

settled in over there okay yeah and back

1442

00:53:05,990 --> 00:53:02,079

in san diego that's where i'm from

1443

00:53:08,230 --> 00:53:06,000

originally so near family and whatnot um

1444

00:53:10,230 --> 00:53:08,240

i just dc wasn't where my heart was

1445

00:53:11,829 --> 00:53:10,240

anymore you know like i moved back there

1446

00:53:13,430 --> 00:53:11,839

because i wanted to be up in the buzz

1447

00:53:15,510 --> 00:53:13,440

and then i

1448

00:53:17,910 --> 00:53:15,520

realized that you know the lack of good

1449

00:53:19,750 --> 00:53:17,920

mexican food was just killing me so here

1450

00:53:22,309 --> 00:53:19,760

i am

1451

00:53:24,710 --> 00:53:22,319

nice and dc is pretty small i've been

1452

00:53:28,150 --> 00:53:24,720

through there on a tour it's

1453

00:53:29,990 --> 00:53:28,160

it's uh it's uh great to be there uh you

1454

00:53:31,910 --> 00:53:30,000

know for a day or two but any longer

1455

00:53:33,670 --> 00:53:31,920

than that and i could i could see

1456

00:53:35,109 --> 00:53:33,680

you know how it would be i don't know

1457

00:53:36,870 --> 00:53:35,119

get me out of here but

1458

00:53:39,030 --> 00:53:36,880

in san diego so beautiful the beaches

1459

00:53:40,630 --> 00:53:39,040

are beautiful the weather is great all

1460

00:53:42,390 --> 00:53:40,640

of southern california wherever you are

1461

00:53:45,349 --> 00:53:42,400

there is just beautiful

1462

00:53:48,710 --> 00:53:45,359

um was just on vacation there at san

1463

00:53:49,670 --> 00:53:48,720

clemente um looking for ufos so that was

1464

00:53:51,430 --> 00:53:49,680

fun

1465

00:53:54,470 --> 00:53:51,440

um

1466

00:53:58,630 --> 00:53:55,589

you know

1467

00:54:00,150 --> 00:53:58,640

i i've maybe

1468

00:54:01,910 --> 00:54:00,160

i'm not sure

1469

00:54:05,430 --> 00:54:01,920

i i've been meaning to go back over the

1470

00:54:08,950 --> 00:54:05,440

videos and and and check them out but um

1471

00:54:10,710 --> 00:54:08,960

yeah no clear shots of a saucer as as we

1472

00:54:12,309 --> 00:54:10,720

know what they look like so which i

1473

00:54:14,950 --> 00:54:12,319

don't think that's what they probably

1474

00:54:16,710 --> 00:54:14,960

look like anyways but you never know

1475

00:54:19,109 --> 00:54:16,720

um

1476  
00:54:20,790 --> 00:54:19,119  
we're hitting up against the hour so you

1477  
00:54:23,510 --> 00:54:20,800  
know at this point i typically like to

1478  
00:54:24,710 --> 00:54:23,520  
put the ball in your cord as far as

1479  
00:54:26,230 --> 00:54:24,720  
um

1480  
00:54:29,349 --> 00:54:26,240  
is there anything you would like to

1481  
00:54:31,190 --> 00:54:29,359  
leave the audience with whether it be um

1482  
00:54:34,150 --> 00:54:31,200  
advice or

1483  
00:54:36,470 --> 00:54:34,160  
or something that we didn't touch on or

1484  
00:54:37,910 --> 00:54:36,480  
anything it's up to you

1485  
00:54:41,589 --> 00:54:37,920  
yeah you know this is actually kind of

1486  
00:54:42,630 --> 00:54:41,599  
something i tell my dc peeps to

1487  
00:54:44,390 --> 00:54:42,640  
um

1488  
00:54:45,270 --> 00:54:44,400

get a hobby that has nothing to do with

1489

00:54:47,030 --> 00:54:45,280

this

1490

00:54:49,030 --> 00:54:47,040

right like i i think it's really

1491

00:54:50,390 --> 00:54:49,040

important when you are really passionate

1492

00:54:52,630 --> 00:54:50,400

about a topic that you don't let it

1493

00:54:53,750 --> 00:54:52,640

consume you for your own mental health

1494

00:54:55,109 --> 00:54:53,760

and also for the mental health of the

1495

00:54:57,030 --> 00:54:55,119

people around you

1496

00:54:58,630 --> 00:54:57,040

um it also allows you to come back with

1497

00:54:59,910 --> 00:54:58,640

fresh eyes right

1498

00:55:02,069 --> 00:54:59,920

so like

1499

00:55:03,910 --> 00:55:02,079

i started thrifting a lot and i'm a

1500

00:55:05,349 --> 00:55:03,920

vintage reseller on the side you know

1501  
00:55:07,190 --> 00:55:05,359  
and it allows me to do something that's

1502  
00:55:10,470 --> 00:55:07,200  
totally different has nothing to do with

1503  
00:55:12,789 --> 00:55:10,480  
uap or foreign policy or genocide i

1504  
00:55:13,670 --> 00:55:12,799  
guess that's pretty much my life right

1505  
00:55:15,109 --> 00:55:13,680  
um

1506  
00:55:16,390 --> 00:55:15,119  
and i encourage everyone here to do it

1507  
00:55:17,910 --> 00:55:16,400  
because it also

1508  
00:55:19,670 --> 00:55:17,920  
you know if you look at ufo twitter for

1509  
00:55:21,430 --> 00:55:19,680  
example i think a lot of times people

1510  
00:55:23,670 --> 00:55:21,440  
get into the drama and the minutia

1511  
00:55:25,349 --> 00:55:23,680  
because they are bored

1512  
00:55:26,789 --> 00:55:25,359  
and i think it's time that we all step

1513  
00:55:29,510 --> 00:55:26,799

back and spend some time with our

1514

00:55:31,510 --> 00:55:29,520

families or do learn something new every

1515

00:55:32,950 --> 00:55:31,520

once in a while and it will make us much

1516

00:55:34,390 --> 00:55:32,960

more well-rounded

1517

00:55:36,069 --> 00:55:34,400

and

1518

00:55:37,829 --> 00:55:36,079

hopefully drown out some of the noise a

1519

00:55:40,870 --> 00:55:37,839

bit

1520

00:55:44,150 --> 00:55:40,880

that's great advice that's yeah

1521

00:55:46,309 --> 00:55:44,160

i agree mr rindle for sure yeah that's

1522

00:55:47,510 --> 00:55:46,319

absolutely great advice

1523

00:55:49,349 --> 00:55:47,520

um

1524

00:55:51,670 --> 00:55:49,359

uh let's see uh

1525

00:55:53,829 --> 00:55:51,680

you talked a little bit before i gosh

1526

00:55:55,589 --> 00:55:53,839

we're at 55 minutes i'm just looking at

1527

00:55:57,750 --> 00:55:55,599

my questions here i think that that's

1528

00:56:00,789 --> 00:55:57,760

absolutely fantastic i know sean sean's

1529

00:56:03,670 --> 00:56:00,799

got his music uh you know i paint

1530

00:56:06,630 --> 00:56:03,680

um i i read a lot but though admittedly

1531

00:56:09,349 --> 00:56:06,640

i'm i'm like i'm like a business

1532

00:56:11,190 --> 00:56:09,359

i keep you know the bright light of of

1533

00:56:12,950 --> 00:56:11,200

anomalies and consciousness and things

1534

00:56:13,910 --> 00:56:12,960

like that is what i tend towards in my

1535

00:56:16,150 --> 00:56:13,920

reading

1536

00:56:17,510 --> 00:56:16,160

so but yeah i completely completely

1537

00:56:19,430 --> 00:56:17,520

appreciate that

1538

00:56:21,190 --> 00:56:19,440

um maybe since we'd have just a few

1539

00:56:23,190 --> 00:56:21,200

minutes here and we did say that we're

1540

00:56:25,109 --> 00:56:23,200

going to talk a little bit more about

1541

00:56:27,670 --> 00:56:25,119

your own experiences yourself if you

1542

00:56:30,309 --> 00:56:27,680

don't mind uh you know earlier you

1543

00:56:31,430 --> 00:56:30,319

mentioned seeing orbs

1544

00:56:33,829 --> 00:56:31,440

things that are indicative of

1545

00:56:37,190 --> 00:56:33,839

poltergeist phenomenon or whatever that

1546

00:56:38,950 --> 00:56:37,200

is apparitions uh precognition you know

1547

00:56:40,710 --> 00:56:38,960

these you know it's

1548

00:56:42,829 --> 00:56:40,720

it's important to remember that that

1549

00:56:46,150 --> 00:56:42,839

these are these are some of the most

1550

00:56:48,710 --> 00:56:46,160

commonly reported uh modalities for

1551  
00:56:51,190 --> 00:56:48,720  
experiencers and they often overlap you

1552  
00:56:52,950 --> 00:56:51,200  
know i mean in terms of normalizing this

1553  
00:56:55,270 --> 00:56:52,960  
conversation and destigmatizing these

1554  
00:56:57,510 --> 00:56:55,280  
conversations it's important for people

1555  
00:56:59,190 --> 00:56:57,520  
out there that maybe may not be

1556  
00:57:01,750 --> 00:56:59,200  
experiencers and it's also important for

1557  
00:57:04,630 --> 00:57:01,760  
other experiencers to to hear from

1558  
00:57:07,430 --> 00:57:04,640  
people like us that yes in fact you know

1559  
00:57:09,990 --> 00:57:07,440  
it's very common for people to have had

1560  
00:57:12,390 --> 00:57:10,000  
more than one kind of modality what more

1561  
00:57:15,349 --> 00:57:12,400  
than one kind of anomalous experience

1562  
00:57:17,030 --> 00:57:15,359  
and it's like you know there's a lot of

1563  
00:57:19,349 --> 00:57:17,040

different theories about why that might

1564

00:57:21,190 --> 00:57:19,359

be the case right that you know that

1565

00:57:23,190 --> 00:57:21,200

once the radio's on that you're just

1566

00:57:26,309 --> 00:57:23,200

kind of receiving you know there's a lot

1567

00:57:28,789 --> 00:57:26,319

of ideas about why they that might be

1568

00:57:30,069 --> 00:57:28,799

but along those lines if you could pick

1569

00:57:32,470 --> 00:57:30,079

one of

1570

00:57:34,630 --> 00:57:32,480

the the situations that's happened to

1571

00:57:36,309 --> 00:57:34,640

you over the years that you felt that

1572

00:57:37,910 --> 00:57:36,319

particularly

1573

00:57:41,430 --> 00:57:37,920

um

1574

00:57:43,589 --> 00:57:41,440

that was particularly impactful for you

1575

00:57:45,829 --> 00:57:43,599

um and kind of

1576

00:57:47,750 --> 00:57:45,839

you know maybe especially something that

1577

00:57:50,630 --> 00:57:47,760

that you've kind of

1578

00:57:53,190 --> 00:57:50,640

processed a bit since since what what

1579

00:57:54,950 --> 00:57:53,200

had actually happened you know if you

1580

00:57:56,549 --> 00:57:54,960

were talking about ontological shock

1581

00:57:58,549 --> 00:57:56,559

earlier and of course people like john

1582

00:58:00,789 --> 00:57:58,559

mack and others talk about kind of

1583

00:58:02,470 --> 00:58:00,799

moving from trauma or that shock into

1584

00:58:03,750 --> 00:58:02,480

kind of a transformative state of how

1585

00:58:07,030 --> 00:58:03,760

you process

1586

00:58:10,230 --> 00:58:07,040

um what has happened so um

1587

00:58:12,150 --> 00:58:10,240

can you talk a little bit uh maybe uh to

1588

00:58:13,349 --> 00:58:12,160

leave the show here today about anything

1589

00:58:15,349 --> 00:58:13,359

like that

1590

00:58:16,789 --> 00:58:15,359

sure um

1591

00:58:18,309 --> 00:58:16,799

i'll try to do this as fast as i can

1592

00:58:20,390 --> 00:58:18,319

because i know we're short on time so if

1593

00:58:22,390 --> 00:58:20,400

anyone has questions feel free to go

1594

00:58:24,470 --> 00:58:22,400

over sure yeah

1595

00:58:29,349 --> 00:58:24,480

it's not like in an hour my body

1596

00:58:29,359 --> 00:58:33,190

maybe that's a new phenomenon we'll see

1597

00:58:37,109 --> 00:58:35,190

i think um

1598

00:58:39,430 --> 00:58:37,119

i've had a lot uh

1599

00:58:42,870 --> 00:58:39,440

in the recent years and probably the

1600

00:58:44,710 --> 00:58:42,880

most impactful one was last fall

1601  
00:58:47,670 --> 00:58:44,720  
um

1602  
00:58:49,349 --> 00:58:47,680  
i was reading about you know uap and

1603  
00:58:53,109 --> 00:58:49,359  
watching more paranormal docs and things

1604  
00:58:55,670 --> 00:58:53,119  
like that and interested but i was still

1605  
00:58:57,910 --> 00:58:55,680  
kind of in denial honestly about my own

1606  
00:58:59,510 --> 00:58:57,920  
experiences and

1607  
00:59:01,750 --> 00:58:59,520  
me and my husband noticed that things

1608  
00:59:03,030 --> 00:59:01,760  
were kind of ramping up at our apartment

1609  
00:59:04,549 --> 00:59:03,040  
um

1610  
00:59:07,109 --> 00:59:04,559  
lights turning on and off like

1611  
00:59:09,510 --> 00:59:07,119  
repeatedly that it wasn't an electrical

1612  
00:59:11,829 --> 00:59:09,520  
issue things flying off the shelf seeing

1613  
00:59:12,789 --> 00:59:11,839

orbs like all sorts of stuff

1614

00:59:15,750 --> 00:59:12,799

and

1615

00:59:17,750 --> 00:59:15,760

i kind of was at my limit um

1616

00:59:18,789 --> 00:59:17,760

and i hadn't told anyone other than my

1617

00:59:20,390 --> 00:59:18,799

husband

1618

00:59:21,349 --> 00:59:20,400

who witnessed you know all this stuff

1619

00:59:22,630 --> 00:59:21,359

too

1620

00:59:24,390 --> 00:59:22,640

and

1621

00:59:27,430 --> 00:59:24,400

out of the blue my best friend who lives

1622

00:59:29,190 --> 00:59:27,440

in australia sent me a message that she

1623

00:59:31,030 --> 00:59:29,200

had seen a

1624

00:59:33,270 --> 00:59:31,040

reiki healer for a remote healing

1625

00:59:35,109 --> 00:59:33,280

session and she gifted one to me

1626

00:59:36,710 --> 00:59:35,119

which was weird like we i just out of

1627

00:59:39,109 --> 00:59:36,720

the blue we hadn't talked about we

1628

00:59:41,589 --> 00:59:39,119

hadn't talked in months it was strange

1629

00:59:43,589 --> 00:59:41,599

um so i said you know what the hell i'll

1630

00:59:44,549 --> 00:59:43,599

try it sounds interesting

1631

00:59:47,589 --> 00:59:44,559

and

1632

00:59:48,950 --> 00:59:47,599

it involved me um basically spending 30

1633

00:59:50,710 --> 00:59:48,960

minutes going into like this deep

1634

00:59:51,990 --> 00:59:50,720

meditation while this woman from

1635

00:59:54,710 --> 00:59:52,000

australia

1636

00:59:56,549 --> 00:59:54,720

um did a remote healing session and

1637

00:59:58,230 --> 00:59:56,559

um

1638

01:00:01,109 --> 00:59:58,240

it was probably the weirdest experience

1639

01:00:01,910 --> 01:00:01,119

of my life uh i've meditated before

1640

01:00:04,549 --> 01:00:01,920

um

1641

01:00:07,430 --> 01:00:04,559

i've done guided meditations non-guided

1642

01:00:09,510 --> 01:00:07,440

meditations i've imagined places during

1643

01:00:10,950 --> 01:00:09,520

those meditations and nothing's ever

1644

01:00:11,670 --> 01:00:10,960

been really out of the ordinary except

1645

01:00:13,589 --> 01:00:11,680

for

1646

01:00:15,750 --> 01:00:13,599

you know meditation being very calming

1647

01:00:16,630 --> 01:00:15,760

and um very positive for my mental

1648

01:00:17,750 --> 01:00:16,640

health

1649

01:00:19,270 --> 01:00:17,760

so

1650

01:00:21,030 --> 01:00:19,280

i went into this session and i was

1651  
01:00:23,270 --> 01:00:21,040  
laying in my room and i went into this

1652  
01:00:25,349 --> 01:00:23,280  
deep meditation where i

1653  
01:00:27,349 --> 01:00:25,359  
intentionally um

1654  
01:00:29,670 --> 01:00:27,359  
envisioned like this poppy field that i

1655  
01:00:30,710 --> 01:00:29,680  
just kind of go to to be a relaxing

1656  
01:00:32,309 --> 01:00:30,720  
place

1657  
01:00:33,750 --> 01:00:32,319  
and

1658  
01:00:35,030 --> 01:00:33,760  
i was conscious the whole time that i

1659  
01:00:36,950 --> 01:00:35,040  
was meditating right that this was an

1660  
01:00:39,270 --> 01:00:36,960  
environment i was creating

1661  
01:00:41,589 --> 01:00:39,280  
but at some point i seemed to sort of

1662  
01:00:43,750 --> 01:00:41,599  
have lost control of the space and it

1663  
01:00:45,190 --> 01:00:43,760

like was no longer mine and it was

1664

01:00:47,589 --> 01:00:45,200

operating

1665

01:00:49,510 --> 01:00:47,599

out of my like conscious intentional

1666

01:00:52,549 --> 01:00:49,520

control and at that point

1667

01:00:54,549 --> 01:00:52,559

my late grandfather popped up um

1668

01:00:57,270 --> 01:00:54,559

and for context my grandfather was one

1669

01:01:00,150 --> 01:00:57,280

of like the apparitions i've seen um

1670

01:01:01,910 --> 01:01:00,160

he's been around in one way or the other

1671

01:01:04,390 --> 01:01:01,920

for about a decade

1672

01:01:07,349 --> 01:01:04,400

and i've always kind of seen him as

1673

01:01:08,870 --> 01:01:07,359

someone who protected me um

1674

01:01:09,910 --> 01:01:08,880

not just because psychologically that's

1675

01:01:11,349 --> 01:01:09,920

what you want to think from your

1676  
01:01:12,789 --> 01:01:11,359  
grandfather but because of some other

1677  
01:01:14,870 --> 01:01:12,799  
experiences i've had that i just don't

1678  
01:01:16,069 --> 01:01:14,880  
have time to go into

1679  
01:01:18,150 --> 01:01:16,079  
um

1680  
01:01:20,150 --> 01:01:18,160  
and we were communicating and what was

1681  
01:01:21,910 --> 01:01:20,160  
really weird was at that point i

1682  
01:01:23,670 --> 01:01:21,920  
transformed into like a five-year-old

1683  
01:01:26,309 --> 01:01:23,680  
version of myself

1684  
01:01:28,470 --> 01:01:26,319  
and we were having a conversation and i

1685  
01:01:29,349 --> 01:01:28,480  
was talking verbally but he was not he

1686  
01:01:31,430 --> 01:01:29,359  
was

1687  
01:01:33,430 --> 01:01:31,440  
communicating telepathically

1688  
01:01:35,270 --> 01:01:33,440

which was interesting because i was

1689

01:01:37,990 --> 01:01:35,280

going this is really weird like this is

1690

01:01:39,589 --> 01:01:38,000

not how i would like if i had manifested

1691

01:01:42,150 --> 01:01:39,599

my grandfather because i was thinking

1692

01:01:43,750 --> 01:01:42,160

about him subconsciously i would never

1693

01:01:46,230 --> 01:01:43,760

imagine that our conversation would

1694

01:01:47,910 --> 01:01:46,240

happen telepathically right like this

1695

01:01:49,430 --> 01:01:47,920

especially one-sided it didn't make

1696

01:01:50,710 --> 01:01:49,440

sense to me

1697

01:01:52,230 --> 01:01:50,720

and

1698

01:01:55,270 --> 01:01:52,240

he basically started telling me that he

1699

01:01:57,910 --> 01:01:55,280

had to go that he had stuck around but

1700

01:01:58,870 --> 01:01:57,920

that you know it was his time and

1701

01:02:00,150 --> 01:01:58,880

um

1702

01:02:02,630 --> 01:02:00,160

i'm embarrassed to admit that i

1703

01:02:05,589 --> 01:02:02,640

basically begged him not to i was a

1704

01:02:06,950 --> 01:02:05,599

little selfish um but i was like crying

1705

01:02:08,789 --> 01:02:06,960

and just telling him that i wasn't ready

1706

01:02:10,710 --> 01:02:08,799

for it because i think i had always

1707

01:02:12,789 --> 01:02:10,720

suspected that he kind of stuck around

1708

01:02:14,470 --> 01:02:12,799

to help me with some of this anomalous

1709

01:02:16,630 --> 01:02:14,480

stuff

1710

01:02:18,789 --> 01:02:16,640

and i wasn't ready to face it on my own

1711

01:02:21,190 --> 01:02:18,799

um but finally i kind of got to the

1712

01:02:23,349 --> 01:02:21,200

point where i was at a piece with it

1713

01:02:25,349 --> 01:02:23,359

and there was like this low sun on the

1714

01:02:28,069 --> 01:02:25,359

horizon but it was huge

1715

01:02:29,910 --> 01:02:28,079

and it all of a sudden like expanded

1716

01:02:32,230 --> 01:02:29,920

infinitely and just

1717

01:02:33,510 --> 01:02:32,240

kind of sucked him up and he was gone

1718

01:02:35,430 --> 01:02:33,520

and

1719

01:02:37,190 --> 01:02:35,440

after that i remember just like sitting

1720

01:02:40,069 --> 01:02:37,200

in this poppy field and again i'm still

1721

01:02:41,670 --> 01:02:40,079

aware that i'm technically meditating um

1722

01:02:44,309 --> 01:02:41,680

but i remember just sitting in this

1723

01:02:46,390 --> 01:02:44,319

poppy field and despite like the emotion

1724

01:02:48,549 --> 01:02:46,400

that was attached to that and my tears

1725

01:02:50,390 --> 01:02:48,559

and everything i was the most peaceful

1726

01:02:52,390 --> 01:02:50,400

i'd ever felt i mean

1727

01:02:54,710 --> 01:02:52,400

nothing's ever come

1728

01:02:56,710 --> 01:02:54,720

even close to it and i was sitting there

1729

01:02:58,950 --> 01:02:56,720

in this poppy field

1730

01:03:01,750 --> 01:02:58,960

and all of a sudden in my like body like

1731

01:03:04,230 --> 01:03:01,760

my physical body in my bed i felt this

1732

01:03:06,549 --> 01:03:04,240

grip on my left wrist

1733

01:03:08,390 --> 01:03:06,559

and i remember noting it going huh

1734

01:03:10,150 --> 01:03:08,400

that's weird you know

1735

01:03:12,390 --> 01:03:10,160

and all of a sudden it just started

1736

01:03:15,430 --> 01:03:12,400

getting harder and tighter and tighter

1737

01:03:18,230 --> 01:03:15,440

and tighter and it freaked me out and it

1738

01:03:19,430 --> 01:03:18,240

like snapped me out of my meditation

1739

01:03:21,029 --> 01:03:19,440

and

1740

01:03:24,390 --> 01:03:21,039

i don't know what happened but all i

1741

01:03:26,710 --> 01:03:24,400

know is that like i felt so unsafe

1742

01:03:28,470 --> 01:03:26,720

and like the most fear i've ever felt in

1743

01:03:30,950 --> 01:03:28,480

my entire life and i remember just

1744

01:03:32,549 --> 01:03:30,960

laying in bed

1745

01:03:35,109 --> 01:03:32,559

and like i could have called my husband

1746

01:03:36,710 --> 01:03:35,119

he was downstairs but i was just frozen

1747

01:03:39,349 --> 01:03:36,720

and i think i laid there for like 10

1748

01:03:41,750 --> 01:03:39,359

minutes just terrified you know eyes

1749

01:03:43,029 --> 01:03:41,760

open just not able to move

1750

01:03:45,430 --> 01:03:43,039

um

1751

01:03:47,349 --> 01:03:45,440

and after that i didn't meditate for

1752

01:03:49,190 --> 01:03:47,359

like a long time because i i didn't

1753

01:03:50,150 --> 01:03:49,200

understand what had happened

1754

01:03:51,910 --> 01:03:50,160

um

1755

01:03:53,109 --> 01:03:51,920

i've since had people suggest that like

1756

01:03:55,829 --> 01:03:53,119

maybe

1757

01:03:57,430 --> 01:03:55,839

i got snapped back out of the meditation

1758

01:04:00,309 --> 01:03:57,440

you know and that that fear was just

1759

01:04:03,349 --> 01:04:00,319

kind of like fight or flight um

1760

01:04:05,829 --> 01:04:03,359

but i now do like grounding practices

1761

01:04:07,349 --> 01:04:05,839

before i meditate just to kind of make

1762

01:04:09,190 --> 01:04:07,359

sure i feel safe

1763

01:04:10,470 --> 01:04:09,200

um so you know i don't know what

1764

01:04:13,349 --> 01:04:10,480

happened i

1765

01:04:15,670 --> 01:04:13,359

i can tell you that

1766

01:04:16,710 --> 01:04:15,680

the environment that i was in felt more

1767

01:04:18,789 --> 01:04:16,720

real

1768

01:04:21,190 --> 01:04:18,799

than anything else i've ever felt right

1769

01:04:22,710 --> 01:04:21,200

like i i've it wasn't my imagination it

1770

01:04:24,870 --> 01:04:22,720

was something different

1771

01:04:26,630 --> 01:04:24,880

um and i wouldn't have imagined my

1772

01:04:28,630 --> 01:04:26,640

grandfather in that way communicating

1773

01:04:30,789 --> 01:04:28,640

with me um

1774

01:04:32,390 --> 01:04:30,799

so i think it was really powerful

1775

01:04:33,750 --> 01:04:32,400

because it also

1776

01:04:35,270 --> 01:04:33,760

signaled to me a little bit that like

1777

01:04:37,349 --> 01:04:35,280

maybe it was time for me to move on

1778

01:04:40,470 --> 01:04:37,359

because one of the things

1779

01:04:43,990 --> 01:04:40,480

the um the reiki healer told me after

1780

01:04:46,150 --> 01:04:44,000

that whole that whole process was that

1781

01:04:49,029 --> 01:04:46,160

she suspected

1782

01:04:50,870 --> 01:04:49,039

i was having a ramp up of activity

1783

01:04:52,549 --> 01:04:50,880

in my home and that the reason i was

1784

01:04:53,750 --> 01:04:52,559

having it was because i was fighting it

1785

01:04:55,589 --> 01:04:53,760

so bad

1786

01:04:57,109 --> 01:04:55,599

and that i needed to just kind of accept

1787

01:04:59,750 --> 01:04:57,119

it as what it was

1788

01:05:02,069 --> 01:04:59,760

and it would calm down and it did and so

1789

01:05:04,309 --> 01:05:02,079

i i kind of wonder if my grandfather you

1790

01:05:06,150 --> 01:05:04,319

know was a bit of a crutch and it was

1791

01:05:09,270 --> 01:05:06,160

time for him to go so that i could kind

1792

01:05:11,029 --> 01:05:09,280

of just be on my own two feet there

1793

01:05:12,870 --> 01:05:11,039

so yeah don't really know what it was

1794

01:05:15,109 --> 01:05:12,880

don't have lots of answers but it was

1795

01:05:17,109 --> 01:05:15,119

probably the most impactful experience

1796

01:05:19,349 --> 01:05:17,119

i've had so far

1797

01:05:21,190 --> 01:05:19,359

thank you so much for sharing that katie

1798

01:05:24,150 --> 01:05:21,200

really deeply appreciate it

1799

01:05:24,870 --> 01:05:24,160

yeah dude that that's not uh easy thing

1800

01:05:28,390 --> 01:05:24,880

to

1801  
01:05:29,670 --> 01:05:28,400  
most definitely especially um with

1802  
01:05:30,950 --> 01:05:29,680  
meditation and

1803  
01:05:32,789 --> 01:05:30,960  
kind of visions that you have in

1804  
01:05:34,549 --> 01:05:32,799  
meditation i've i've definitely had

1805  
01:05:36,630 --> 01:05:34,559  
dreams about um

1806  
01:05:38,950 --> 01:05:36,640  
you know past levels that i was uh

1807  
01:05:40,630 --> 01:05:38,960  
really close to that uh when i wake up

1808  
01:05:43,190 --> 01:05:40,640  
i'm in tears and you know it's more than

1809  
01:05:46,390 --> 01:05:43,200  
a dream uh because of what transpired in

1810  
01:05:49,910 --> 01:05:46,400  
the dream um but again it's you know

1811  
01:05:51,430 --> 01:05:49,920  
the thing that um i appreciate about you

1812  
01:05:53,349 --> 01:05:51,440  
know those experiences and other

1813  
01:05:55,990 --> 01:05:53,359

paranormal experiences

1814

01:05:59,109 --> 01:05:56,000

um and ufo uap

1815

01:06:01,990 --> 01:05:59,119

experiences is they all share

1816

01:06:05,190 --> 01:06:02,000

a common uh theme underneath it all you

1817

01:06:06,710 --> 01:06:05,200

know which is um first of all it's

1818

01:06:09,990 --> 01:06:06,720

unexplainable

1819

01:06:12,309 --> 01:06:10,000

and it kind of opens your perspective

1820

01:06:14,549 --> 01:06:12,319

and it's hard to talk to people about

1821

01:06:16,630 --> 01:06:14,559

you know there's so many coming at

1822

01:06:18,230 --> 01:06:16,640

commonalities with all this stuff that

1823

01:06:20,549 --> 01:06:18,240

it really doesn't matter what kind of

1824

01:06:23,029 --> 01:06:20,559

experience you've had it's an experience

1825

01:06:25,029 --> 01:06:23,039

and those uh kind of attributes are

1826

01:06:25,990 --> 01:06:25,039

shared and are the same

1827

01:06:27,910 --> 01:06:26,000

um

1828

01:06:29,829 --> 01:06:27,920

and they're all hard to talk about

1829

01:06:31,510 --> 01:06:29,839

you know so and

1830

01:06:33,510 --> 01:06:31,520

i think more people like you do talk

1831

01:06:34,390 --> 01:06:33,520

about it and and other people

1832

01:06:36,630 --> 01:06:34,400

uh

1833

01:06:38,950 --> 01:06:36,640

the more other people will bring up

1834

01:06:41,270 --> 01:06:38,960

stories they may be afraid to talk about

1835

01:06:44,950 --> 01:06:41,280

you know i'll share something with you

1836

01:06:48,230 --> 01:06:44,960

uh right now and it was on mother's day

1837

01:06:49,829 --> 01:06:48,240

and um i was at their house and i

1838

01:06:52,069 --> 01:06:49,839

actually was started to open up a little

1839

01:06:54,150 --> 01:06:52,079

bit about what i've been through and all

1840

01:06:56,230 --> 01:06:54,160

that kind of stuff and how hard it is to

1841

01:06:59,990 --> 01:06:56,240

talk to people and my mom actually told

1842

01:07:01,190 --> 01:07:00,000

me a story about when she was 13.

1843

01:07:02,470 --> 01:07:01,200

and

1844

01:07:04,630 --> 01:07:02,480

she is

1845

01:07:07,029 --> 01:07:04,640

the complete opposite of anyone i would

1846

01:07:08,710 --> 01:07:07,039

ever think would you know admit this

1847

01:07:12,309 --> 01:07:08,720

kind of story to me

1848

01:07:14,630 --> 01:07:12,319

um and she tells me stories she's 13 a

1849

01:07:16,549 --> 01:07:14,640

bright white figure came into her room

1850

01:07:18,789 --> 01:07:16,559

scared scared her she put a sheet over

1851

01:07:21,829 --> 01:07:18,799

her head she thought it was jesus

1852

01:07:24,230 --> 01:07:21,839

um she remembers telling her sister but

1853

01:07:27,190 --> 01:07:24,240

she remembers it vividly to this day you

1854

01:07:29,829 --> 01:07:27,200

know and i would have never known that

1855

01:07:30,870 --> 01:07:29,839

you know without having opened up myself

1856

01:07:32,789 --> 01:07:30,880

and

1857

01:07:35,270 --> 01:07:32,799

so you doing that

1858

01:07:37,910 --> 01:07:35,280

is going to affect somebody else

1859

01:07:41,109 --> 01:07:37,920

to share their story um

1860

01:07:42,950 --> 01:07:41,119

and that's the kind of uh

1861

01:07:44,710 --> 01:07:42,960

uh intimate discussion i think that will

1862

01:07:46,630 --> 01:07:44,720

help this stuff

1863

01:07:47,430 --> 01:07:46,640

yeah it's the kind of world

1864

01:07:48,789 --> 01:07:47,440

yeah

1865

01:07:51,750 --> 01:07:48,799

it's the kind of world we want to live

1866

01:07:53,029 --> 01:07:51,760

in i think anyway yeah myself anyway you

1867

01:07:54,309 --> 01:07:53,039

know yeah

1868

01:07:56,309 --> 01:07:54,319

thank you so much

1869

01:07:58,230 --> 01:07:56,319

weirder a weirder more beautiful place

1870

01:07:59,029 --> 01:07:58,240

than we give it credit for

1871

01:08:00,470 --> 01:07:59,039

yeah

1872

01:08:03,670 --> 01:08:00,480

100

1873

01:08:05,349 --> 01:08:03,680

well there's so much more to dig into

1874

01:08:07,829 --> 01:08:05,359

but this is really just kind of an

1875

01:08:09,750 --> 01:08:07,839

introductory to the audience uh to you

1876

01:08:11,750 --> 01:08:09,760

katie uh we're going gonna be seeing you

1877

01:08:13,670 --> 01:08:11,760

on uap book club

1878

01:08:15,430 --> 01:08:13,680

uh and we're gonna be

1879

01:08:17,349 --> 01:08:15,440

uh having more of these conversations in

1880

01:08:20,229 --> 01:08:17,359

the future it's so great to see you

1881

01:08:22,709 --> 01:08:20,239

today yeah i hope you come back so

1882

01:08:24,550 --> 01:08:22,719

hey anytime thanks for having me uh love

1883

01:08:26,229 --> 01:08:24,560

chatting with you guys and

1884

01:08:27,669 --> 01:08:26,239

games are open everyone wants to make

1885

01:08:30,309 --> 01:08:27,679

friends so

1886

01:08:32,070 --> 01:08:30,319

well well be careful what you wish for

1887

01:08:34,070 --> 01:08:32,080

all right that's right

1888

01:08:35,269 --> 01:08:34,080

yeah i would laugh additionally don't

1889

01:08:37,110 --> 01:08:35,279

worry

1890

01:08:40,470 --> 01:08:37,120

okay all right fair enough that's right

1891

01:08:42,390 --> 01:08:40,480

and uh and speaking of dms uh please say

1892

01:08:43,829 --> 01:08:42,400

hello to your gorgeous husband for for

1893

01:08:45,749 --> 01:08:43,839

both of us okay

1894

01:08:47,510 --> 01:08:45,759

yeah it's very important he very much

1895

01:08:49,189 --> 01:08:47,520

appreciates being called gorgeous so

1896

01:08:50,870 --> 01:08:49,199

i'll let him know i was gonna say i

1897

01:08:52,630 --> 01:08:50,880

haven't seen him yet

1898

01:08:54,229 --> 01:08:52,640

but i'll take your word for it that's

1899

01:08:55,110 --> 01:08:54,239

because you don't follow me on instagram

1900

01:08:56,309 --> 01:08:55,120

sean

1901

01:08:58,070 --> 01:08:56,319

oh

1902

01:08:59,990 --> 01:08:58,080

well it's probably retribution from the

1903

01:09:02,229 --> 01:09:00,000

whole twitter fiasco

1904

01:09:04,870 --> 01:09:03,269

all right

1905

01:09:06,789 --> 01:09:04,880

have a good day i appreciate it thank

1906

01:09:11,510 --> 01:09:06,799

you so much have a great weekend it's

1907

01:09:14,470 --> 01:09:13,349

well awesome i guess that wraps up the

1908

01:09:17,749 --> 01:09:14,480

week huh

1909

01:09:19,910 --> 01:09:17,759

yeah i guess it does um

1910

01:09:23,110 --> 01:09:19,920

yeah that was an absolutely wonderful

1911

01:09:24,309 --> 01:09:23,120

conversation i it was great to have

1912

01:09:26,390 --> 01:09:24,319

it move

1913

01:09:29,749 --> 01:09:26,400

through so many wonderful topics

1914

01:09:32,950 --> 01:09:29,759

uh so fluidly and organically and uh

1915

01:09:35,349 --> 01:09:32,960

it's wonderful to have the audience here

1916

01:09:38,229 --> 01:09:35,359

chiming in all along the way this has

1917

01:09:40,550 --> 01:09:38,239

been a great week and we're gonna have

1918

01:09:42,870 --> 01:09:40,560

maybe an even better week next week it's

1919

01:09:45,910 --> 01:09:42,880

great having people like katie around

1920

01:09:48,470 --> 01:09:45,920

um and being able to kind of help

1921

01:09:51,269 --> 01:09:48,480

orient the conversation with regard to

1922

01:09:54,470 --> 01:09:51,279

these these dc policy wonks and whatnot

1923

01:09:56,790 --> 01:09:54,480

and what a great congress priceless abs

1924

01:09:58,790 --> 01:09:56,800

absolutely and from somebody that that

1925

01:09:59,590 --> 01:09:58,800

has done so much humanitarian work and

1926

01:10:05,350 --> 01:09:59,600

has

1927

01:10:07,510 --> 01:10:05,360

great to be able to have her back in the

1928

01:10:10,470 --> 01:10:07,520

future for sure yeah i look so much

1929

01:10:12,470 --> 01:10:10,480

forward to developing uh that uh uap

1930

01:10:14,550 --> 01:10:12,480

relationship and

1931

01:10:16,950 --> 01:10:14,560

you know learning more about her and i

1932

01:10:18,870 --> 01:10:16,960

just look forward to uh what she's going

1933

01:10:20,709 --> 01:10:18,880

to bring to the table just from this

1934

01:10:23,669 --> 01:10:20,719

short conversation you can tell how

1935

01:10:25,910 --> 01:10:23,679

brilliant she is in her background and

1936

01:10:26,950 --> 01:10:25,920

is it's just perfect for this she's you

1937

01:10:29,350 --> 01:10:26,960

know she

1938

01:10:31,110 --> 01:10:29,360

she made us swallow kind of a heart pill

1939

01:10:33,189 --> 01:10:31,120

you know but uh

1940

01:10:35,030 --> 01:10:33,199

it's an important one but it's necessary

1941

01:10:36,790 --> 01:10:35,040

you know because the ebbs and flows here

1942

01:10:38,790 --> 01:10:36,800

can be too much sometimes of the

1943

01:10:40,470 --> 01:10:38,800

excitement and disappointment i think

1944

01:10:42,870 --> 01:10:40,480

you know there's a nice

1945

01:10:44,870 --> 01:10:42,880

even level that we can reach and i think

1946

01:10:46,310 --> 01:10:44,880

that really helps so

1947

01:10:49,189 --> 01:10:46,320

100

1948

01:10:51,270 --> 01:10:49,199

that being said

1949

01:10:53,350 --> 01:10:51,280

um yeah we're going to live stream the

1950

01:10:55,030 --> 01:10:53,360

thing here on tuesday morning the the

1951

01:10:57,110 --> 01:10:55,040

congressional hearings so be here on

1952

01:10:58,790 --> 01:10:57,120

tuesday morning at 9 00 a.m central time

1953

01:11:00,870 --> 01:10:58,800

we're gonna live stream with jay i think

1954

01:11:04,790 --> 01:11:00,880

quantum which is coming maybe graham

1955

01:11:05,910 --> 01:11:04,800

disclosure team vinnie um and uh

1956

01:11:08,709 --> 01:11:05,920

so

1957

01:11:10,790 --> 01:11:08,719

historic day big historic day

1958

01:11:12,790 --> 01:11:10,800

yeah and there'll certainly be a lot to

1959

01:11:13,990 --> 01:11:12,800

talk about and a lot to digest after

1960

01:11:15,990 --> 01:11:14,000

that hearing

1961

01:11:18,310 --> 01:11:16,000

so uh i'm looking forward to that i'm

1962

01:11:19,990 --> 01:11:18,320

already gearing up for it um and what

1963

01:11:22,149 --> 01:11:20,000

are you doing to gear up for it

1964

01:11:24,870 --> 01:11:22,159

what's your guarantee process um the

1965

01:11:28,310 --> 01:11:24,880

gearing up process um it's

1966

01:11:32,390 --> 01:11:28,320

you know it's it starts with kind of a

1967

01:11:35,189 --> 01:11:32,400

a like a hot yoga procedure um typically

1968

01:11:36,390 --> 01:11:35,199

you know i'm gonna guess it yeah i i've

1969

01:11:38,229 --> 01:11:36,400

been um

1970

01:11:40,950 --> 01:11:38,239

you know there's a fast i'm gonna do

1971

01:11:43,669 --> 01:11:40,960

like a 48 hour fast beforehand i think i

1972

01:11:45,430 --> 01:11:43,679

think that's important you know yeah 48

1973

01:11:47,990 --> 01:11:45,440

hours it seems kind of slow a lot of

1974

01:11:49,830 --> 01:11:48,000

vitamin d a lot of sunlight

1975

01:11:52,630 --> 01:11:49,840

yeah it's going to be important

1976

01:11:54,870 --> 01:11:52,640

so uh i i you know we'll see like

1977

01:11:57,189 --> 01:11:54,880

hopefully i've i'll be kind of prepped

1978

01:11:59,990 --> 01:11:57,199

enough for it yeah i think it'll be good

1979

01:12:01,750 --> 01:12:00,000

all right well um yeah send me some your

1980

01:12:03,830 --> 01:12:01,760

routine maybe maybe i'll give it a shot

1981

01:12:08,310 --> 01:12:03,840

let you know i'll give you a a review

1982

01:12:13,430 --> 01:12:10,709

please give me five stars on yelp

1983

01:12:15,110 --> 01:12:13,440

for my prep regime sounds good

1984

01:12:16,870 --> 01:12:15,120

all right guys i appreciate everyone in

1985

01:12:19,189 --> 01:12:16,880

the chat for being so great awesome as

1986

01:12:20,950 --> 01:12:19,199

always super uh polite and everything

1987

01:12:22,950 --> 01:12:20,960

and and just really great to each other

1988

01:12:24,229 --> 01:12:22,960

so i appreciate it thank you subscribe

1989

01:12:25,590 --> 01:12:24,239

for that yep

1990

01:12:35,470 --> 01:12:25,600

we'll see all right see you next week